

Poorattaathi Nakshatra (Aathma Lingam)

1. Ganapathy Vazhipaadu

Parasivam, Sinmayam, PooraNam,
Sivabogabakyam Paramanithiyam

2. Thirubarutpavil Siva Poorattaathi Sakthi

Parama Arputham, Parama Sedhanam,
Pasu Paasapaavanam Parama Motcham.

3. Thiruppavaipaasuram – 17 Poorattaathi Eyalbu

Ambaramae Thanneerae Sorae Aranjeeyum

Yemperumaan Nandhago Baalaa Yezhunthirai

Kombanaaar Kellaam Kozhunthe Kula Vilakkae

Yemperu Maatti Yasodhaai Arivuraai

Ambara Moodaruth Thongi Ulagalandha

Umbarko Maane Urangaathu Yezhunthirai

Sempor Kazhaladich Selva Palathevaa

Umpiyum Neeyum Urangaalo Rembaavaai.

Video Link : <https://youtu.be/Emfc97TcU9I>

Vilakkam :

Udal Yennum Koyilukku Onbathu Vaayil. Kangal (2), Kaadhugal (2),
Mookku (2), Vaai (1) Aaga Moththam Yezhu, Yettum, Onbathum
Kazhuththukku Melae dhaan Ullathu. Keezhae Alla Avai Yevai Yendraal
Ulnaakkum, Puruva Maththiyumaagum.



Edhaththaan Pasu, Paasa, Paavanam Yengirom. Ethaiyae Paasuraththil
Sootchamamaaga Ambaramae, Thanneerae, Sorae Aranjeeyum Yendru
Kurippidappattullathu.

Ambaramae Yenbathu Chidambaramae

Thanneerae Yenbathu Baavanaiyaagum

Sorae Yenbathu Jothiyae Aagum

Immoondrum Kalantha Kalavaiyae Aranjeeyum Dharmam Seiyyum
Aakkal, Kaaththal, Azhiththal Yendra Araththai Mudiththuraikkum (TRINITY)
Yendra Parama Arputhaththai Thirambada Seithu Mudikkum
Kombanaarkkellaam Kozhunthae Kulavilakkae Yendra Vagaiyil
Perunthalaivanaaga, Karaipadiyaatha Karamaaga, Sindhaatha Sitharaatha
Muzhumaiyaaga Pooranamaaga Muzhu Nilavaaga Paniyaatrubavargalae
Poorattaathi Nakshatram. Nottru Suvarkkaththirku Sellalaam. Aanaal
Motchaththirku Sellum Umbar Komaan Evar Oruvarae. Evar Vazhiyilae Annan,
Thambi Yevaraayinum, Urangaamal Parama Motchaththai Adaiya Mudiyum.
Ambaram Moodaru Thongi Yena Agilam Aagaayam Anaiththirkum Adhipathi
Poorattaadhiye.

Ambaramae, Thanneerae, Sorae, Aranjeeyum Poorattaathi Pooranangalae,
Pasu, Paasa, Paavanam Yendru Muththozhil Thaththuvaththai Pooranamaaga
Seibavargal Poorattaathi, Ambaramae, Chidambaramae, Thanneerae,

Oodagamae, Sorae, Jothiyae; Yena Tharmam Seiyyum, Aranjeeyum
Yemberumaan Poorattaathi.

Kombanaarkkellaam, Kozhunthe, Kulavilakkae Arpudhangal, Parama
Arpudhangal, Manangal, Parama Sedhanangal, Evaiyirandum Umbiyum
Neyyum Urangelor Yendrarinthu Pooranaththai Arulungal Poorattaathiyae.

4. Vedhaththil Poorattaathi Jothisakthi

Om Boor Buva Swaha (Mettu)

Thehaskaraaya Vithmahae

Aja Yega Paadhaaya Theemahi

Thaththaathreyaa Theemahi

Poorattaathi Prasodhayath

Pasu Paasa Paavanam Moondraagum

Arpudham Adhanaal Niraiverum

Motcham Peravae Nee Solvaai

Mona Koottam Unai Suttrum

Poonool Unmaiyl Unnoolae

Poottiya Vaayil Adi Naakkae

Pooranamaai Sellum Poongaatrae

Puruva Maththiyil Namu Namu

Om Sivaya Mae Nama Sivaya Mae

Thrayambakaya Mae Saayi Dhevaya Om

5. Poorattaathi Kavithai

Muppathu Naalum Pournami

- Mudiththu Vaippaal Ammani

Thappathu Aarum Sedhanam

- Adiththu Veluppaal Ammani

Onbathu Yenbathil Sedhaaram

- Aduththu Varuvathil Nooraahum

Natpathu Aadhimudhal Andhamvarai

- Egamudhal Paramvarai Motcham

Ar Pudhangal Nin Vaadikkai Pooranam Nokkiyae

Mar Padhangal Nin Varaverpum Pooranam Thekkiye

Sar Keedhangal Nin Suhangal Thiyaanam Vaarkkave

Thar Padhangal Nin Uzhaippu Kaaranam Pirammame

Thidam Madam ThinnamNin Nallennam

Udal Padam VannamNin Suga Valimai

Thadam Edam KannanNin Saga Maarkkam

Vadam Ther Annan Nin Pagar Sagajam

Vadam Ther AnnanNin Pagar Sagajam

Pasu, Paasa Paavanam Yadhaarththa Yavvanam

Vasu, Vaasa Arpudham Aathmaarththa Karvam

Maasattra Maanikkam Maanava Motcham

Thaasa Thaasa Subaavam Thaathaa Zaphasuram

Nambikkai Nalamudan Payakkave Nidharsanam

Thumbikkai Thunivudan Sirakkave Adhitheeviram

Zthambikkum Savaalgal Gurumoolam Nirmaanam

6. Abirami Andhathiyil Poorattaathi Sakthi

Yoga Siththi Pera

Sirakkum Kamalath Thiruvae! Ninsevadi Sennivaikkath
Thurakkam Tharum, Nin Thunaivarum Neeyum Thuriyam Attra
Urakkam Tharavandhu Udambodu Uyir Uravattra, Arivu
Marakkum Pozhuthu, Enmunnae Varalvendum Varunthiyumae.

Kanavan Manaivi Karuththu Vaettrumai Neenga

Varunthaa VagaiEn Manaththaamaraiyinil Vandhupugunthu
Erunthaal Pazhaiya Eruppidamaaga EniEnakkup
Porunthaathu Oruporul Illai; Vinmevum Pulavarukku
Virunthaaga, Velai Marunthaanadhai Nalgum Melliyalae.

Arasaangach Seyalil Vettri Pera

Melliya Nun Edaimin Anaiyaalai, Virisadaiyon
Pulliya Menmulai Pon Anaiyaalaip Pugazhdhumarai
Solliya Vannam ThozhumAdiyaaraith Thozhumavarkku
Palliyam Aarththezha Venpagadu Oorum Padhamtharumae.

Mananilai Pakkuvamadaiya

Padhaththe Urugi, Ninpaadhaththile Manam Pattri, Unthan
Edhaththe Ozhuga Adimaikondaai; Iniyaan Oruvar
Madhaththe Madhimayangen; Avar Pona Vazhiyum Sellaen;
Mudhalthevar Moovarum, Yaavarum Pottrum Mugizhnagaiyae!

Video Link : <https://youtu.be/iVb8ulEiZMg>

7. Vishnu Sahasranamathil Poorattaathi Sakthi Om..Om..Om..

Om Arowthraaya Nama	- Arowthramenum Seyal, Palan Vilaivinmeethu Patratravanae Potri
Om Kundaline Nama	- Kundali Yenum Moolaadhaaramae Potri
Om Sakrinae Nama	- Manamenum Suya Tharisana Sakkaramae Potri
Om Vikraminae Nama	- Vettri Nilaiappaattin Vaakkaalae Potri
Om Oorjithazaazanaaya Nama	- Saptha Yezhuththukkalil Adangaatha Sapthamae Potri
Om Zapthaathikaaya Nama	- Kaarana, Kaariya Padaippugalin Koodaaramae Potri
Om Zapthazahaaya Nama	- Vedhangalin Nokkamae Potri
Om Ziziraaya Nama	- Eyarkai Suruthiyae, Zamiruthiyae Potri
Om Zarvareekaraaya Nama	- Gaanam, Seyalpaadu, Eruttu Pattaraiyin Ethaya Oliyae Potri
Om Akrooraaya Nama	- Kodumaiyillaa Kodai Nizhalae Potri
Om Pezalaaya Nama	- Yennam, Sol, Seyal, Udai Naangilum Azhaganae Potri
Om Thakshaya Nama	- Sulabamaai Ulvaangi Surusuruppaai Seibavanae Potri
Om Thakshinaaya Nama	- Niraikudamaai, Pooranamaai Milirum Vattamae Potri

Om Kshaminaam – Varaaya	
	Nama - Peramaithiyin Gaana Velippaadae Potri
Om Vithvaththamaaya Nama	- Viththaigalin Viththaganae Potri
Om Veedhabayaaya Nama	- Bayamariyaatha Elangandrae Potri
Om Punyasravana –	
	Keerththanaaya Nama - Kaadhil Ketkum Kaadhal Punniyanae Potri
Om Uththaaranaaya Nama	- Karaikatkum Kadhaa Naayaganae Potri
Om Thushkruthi Knae Nama	- Theengindri, Theenjuvai Sei Arpudhane Potri
Om Punyaaya Nama	- Punniyam Pala Podhippavanae Potri
Om Thusvapna – Naazanaaya	
	Nama - Kanavukkottai Aaruda Yedhiriyae Potri
Om Veeraknae Nama	- Ninaivukkottaiyai Nirmaanippavanae Potri
Om Rakshanaaya Nama	- Pasu, Paasa, Paavamenum Jeevasamaathi Utswaasamae Potri
Om Zathapyo Nama	- Nanmakkalin Rasigar Mandramae Potri
Om Jeevanaaya Nama	- Vaasiyogaththin Parama Motchame Potri
Om Paryavasthithaaya Nama	- Ulagappugazh Arputha Mochu Payirchiyae Potri
Om Anantharoobaaya Nama	- Anega Avadhaarangal Yeduppavanae Potri
Om Ananthasriyae Nama	- Vattraadha Selvamae Potri
Om Jithamanyavae Nama	- Kobaththai Vendravanae Potri
Om Bayaabahaaya Nama	- Bayangollaadhavanae Potri

Om Sathusraaya Nama	- Karmaavin Kanirasamae Potri
Om Kabeeraathmane Nama	- Eyarkai Thideer Mazhaiyae Potri
Om Vithizaaya Nama	- Potti Parisae Potri
Om Vyaathizaaya Nama	- Indhiranukkae Kaala Attavanaiyae Potri
Om Thizaaya Nama	- Navanaayagargalukkum Uththaravugal Edubavanae Potri

8. Lalitha Sahasranamathil Poorattaathi Sakthi

Mahechvaree Mahaakaalee Mahaakraazaa Mahaasanaa

Abarnaasandigaa Sandamundaazooro Nishoothinee

Ksharaaksharaathmikaa Zarvalogaesee Vichvatharinee

Thrivarkkathaathree Zoobakaathriyambakaathrigunaathmigaa

Zvarkkaabavarkkathaasuththaa Jabaapushpa Nibaakruthi

Ojovathee Thyuthitharaayajgaroobaapriyavrathaa

Thooraraathyaa Thuraatharshaapaadalee Kuzooma Priyaa

Mahathee Merunilayaamanthaara Kuzooma Priyaa

Veeraaraathkaa Viraatroobaa Virajaa Vichvathomukee

Prathyakroobaabaraakaasaapraanathaapraana Roobinee

Maarththaanda Bairavaaraathyaa Mandhrinee Nyastharaajyathoo

Thripuraesee Jayathzaenaa Nizthraikunyaaparaaparaa

Video Link : <https://youtu.be/DtSBLpQStT4>

9. Gandhaguru Kavasathil Poorattaathi Sakthi

Skandhaguru Kavasapalan Patratru Param Kodukkum

Orutharam Kavasamothin Ullazhukkup Pogum

Erutharam Yaeththuveerael Yenniyadhelaam Kittum

Moondruthara Modhin Munnirpan Skandhaguru

Naangumurai Yodhi Thinam Nallavaram Peruveerae

Aindhumurai Thinamothi Panjaaksharam Pettru

Aaru Muraiyothi Aaruthalaip Pettriduveer

Yezhumurai Thinamothin Yellam Kavasamaagum

Yettumurai Yeththidin Attamaa Ziththi Kittum

Onbathu Tharamothim Marana Bayamozhiyum

Paththuthara Modhi Niththam Patratru Vaazhveerae

Kannimaar Odaiyilae Neeraadi Neerupoosi

Skandhaguru Kavasamodhi Skandhagiri Yerivittaal

Mundhai Vinaiyellaam Skandhan Agattriduvaan

Nindhaigal Neengividum Nishttaiyumae Kaikoodum

Kannimaar Odaineerai Kaigalilae Nee Yeduththu

Skandhanendra Mandhiraththai Kanmoodi Yuruvettri

Uchchiyilum Theliththu Utkondu Vittaal

Siththamalam Agandru Siththa Suththiyum Kodukkum

Kannimaar Thevigalai Kannimaar Odaiyilae

Kandu Vazhipattu Skandhagiri Yeriduveer

Skandhagiriyeri Gaana Skandhaguru Kavasamithai

Paaraayanam Seithulagil Paakyamelaam Pettriduveer !!

Video Link : <https://youtu.be/fO7MD2St1iU>

10. Kandhar Anuboodhi Poorattaathi Sakthi

Karavaagiya Kalvi Ulaar Kadai Sendru

Eravaa Vagai Meip Porul Eeguvaiyo?

Kuravaa, Kumaraa, Kulisaayutha, Kunj

Saravaa, Sivayoga Thayaabaranae. (45)

Em Thaayum Enakku Arul Thandhaiyum Nee

Sindhaakulam Aanavai Theerththu Enaiyaal

Kandhaa, Kathir Velavanae, Umaiyaal

Maindhaa, Kumaraa, Marai Naayaganae. (46)

Video Link : <https://youtu.be/x9sjGNdLHkw>

11. Raahangalil Poorattaathi Sakthi

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Mesha Kalyaani	Chithraambari	Chithraambari	Susarithraa

12. Moolamandhiram

Om Saayi Raamaaya Vithmahae

Aathmaraamaayi Theemahi

Thanno Paapaa Prasodhayaath

13. Virutchha Sakthi Pera Nada Vendiya Maram

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Themaa	Kongiliya	Sundharavembu	Kanni Mandhaarai

14. Parigaaram

- Kovilukku Erumbu Saamaangal Nankodai Seiyyavum.
- Kuraindhapatcham 7 Nabargalukku Udhaviduga.
- Ungal Vazhipaattirku Yettrapadi Mandhirangalai Paaraayanam Seiyyavum.
- Kovilukku Sendru Swamiyai Tharisikkavum.
- 2x2 Kannaadi Vaiththu Ungal Mugaththai Paarththu Thiyaanam Seiyyavum.
(Aadi Thiyaanam).
- Natchatthira Kovil **Arulmigu Thiruvaaneshvar Thirukkoil**,
Ranganaathapuram - Thiruvaiyaar.

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