

Kaettai Nakshatra (Aathma Lingam)

1. Ganapathy Vazhipaadu

Parasivam, Sinmayam, PooraNam,
Sivabogabakyam Paramanithiyam

2. Thirubarutpavil Siva Kaettai Sakthi

Parotchagaanaa Theetham, Abarotcha
Gaanaanubavam, Vilaasap Prakaasam.

3. Thiruppavaipaasuram – 10 Kaettai Eyalbu

Notrach Chuvarkkam Pugugindra Ammanaai
Maatramum Thaaraaro? Vaasal Thiravaadhaar
Naatrath Thuzhaaimudi Naaraa Yanan Nammaal
Pottra Paraitharum Punniyanaal Pandorunaal
Kootrathin Vaaiveezhdha Kumba Karnanum
Thottrum Unakkae Perunthuyilthaan Thandhaano?
Aatra Anandha Ludaiyaa Arungalamae
Thetramaai Vandhu Thiravaelo Rembaavaai.

Video Link : <https://youtu.be/SQCE0pyXtnA>

Vilakkam :

Paththaayiraththil Oruvar Paadal Paaduvaargal, Latchaththil Oruvar Sevai Seivaargal, Kodyil Oruvar Gaanathavam Merkolvaargal. Indha Gaanavaangal Kettai Natchaththirakaarargal. Paarththa Maaththiraththil Nallavargalaiyum, Kettavargalaium Paagupaduththi Udanadiyaaga Kandupidiththu Orae Naalil Paarvaiyil Anubaviththu Poruppugalai Dheivamaakkuvaargal. Yenave Indha



Kaettai Kottai Katti Aalum. Ethaidhan Paasuraththil Nottrach Chuvarkkam Pugugindra Ammanai Adikkodittu Kaattappattullathu. Evargal Sollum Anaitththu Vaarththaigalum Thetramaagum. Aatra Ananthaludaiya Indha Vaarththaiyae Nirvaagamaagum. Yeduppilae Yelithaaga Erunthaalum Kootraththin Vaai Vizhunthaalum Kaettai Nirvaagaththil Yettramaai Mattumae Jeyiththu Kaattuvar. Naaraayanin Vilaasa Prakaasamaana Aasi Indha Kaettai (Jeshta) Nakshatrakaarargalum Punniyamaai Amaiyum. Poruppugal Vandhu Serum. Padhavigal Palavum Vaaikkum. Yugam Pugazhum. Yuvasri Yaaga Yuva Raaniyaaga Adhisayangalaiyum, Arpudhangalaiyum Nigazhththi Kaattuvar.

Kooththilae Kattum Orunaal Rajavaga Alla, Gaana Anubava Rajavaga Makkalukku Payanpaduvar.

Thetramaai Vandhu Thiravelor Yenbathe Kaettaiyaagum. Thetramengira Karuththu Ottrumaigalai Thanakkae Uriya Vagaiyil Seyalpaduththum Seyalaalargalae Kaettaiyinar Aavaar. Alappariya Aatraludaiya Arungalam Seiyyum Seyalgal Paarppadharkku Yelimaiyaaga Erunthaalum, Valimaiyaana Vilaivugalai Tharum. Evargal Thotraalum Mukthi Kidaikkum.

Yenavedhan Thottrum Unakkae Perunthuyil Yenbathu Perinba Veettaikkurikkum Mandhira Varigalaagum. Indha Vagaiyilae Kumbakarnanukku Annan Raavanan Seiyyum Nallavaigalum Theriyum, Allavaigalum Puriyum. Aanaalum Anubava Vilaasa Prakaasaththai Velikkaattave Porittu Perinba Veettai Adaigiraan.

Nottruch Chuvarkkam Pugugindra Sakthi Kettaikku Mattumae Undu. Yeduththa Nilappaattil Uruthiyai Nindru Maatram Kaanaamal Naatra Thuzhaai Mudi Naaraayanani Kaettaiyinar Kottaikku Varavazhaippar. Thulasi Maalai

Anintha Naaraayanan Pottra Parai Thanthu Punniyaththai Serppikkiraan.
Yenave, Adheetha Gaanamum, Gaana Anubavamum Sollaalum, Seyalaalum,
Udalaalum, Porulaalum, Uyiraalum, Unarvaalum Orungae Makkalukku
Payanpattu Motcham Thara Vazhi Vagaigalai Kaettaiyinar Kooruvaargal.
Thirandhu Kaattuvaargal Dheiva Tharisanththai (Thulasi Maalai Anintha
Naaraayanan). Kaettaiyae Varuga! Kaettaiyae Arulga!

4. Vedhaththil Kaettai Jothisakthi

Om Boor Buva Swaha (Mettu)

Jayaeshtaayai Vithmahae

Mahaana Jayeshtyaayai Theemahi

Indhthra Thanthra Theemahi

Thanno Jayeshtaa Prasodhayath:

Nediya Nokkamum Nee Kolvaai

Nerpaduvorai Virattiduvaai

Nediyavar Yaarum Unaith Theendaar

Koduppavan Neeyae Namu Namu:

Yokkiyam Unakku Pradhaanam

Paakkiyam Sirappu Pravaaham

Nokkam Niraiyura Uzhaippavan Nee

Yaarkkum Kuraivilai Namu Namu:

Om Sivaya Mae Nama Sivaya Mae

Thrayambakaya Mae Saayi Dhevaya Om

5. Kaettai Kavithai

Maraa, Maraa EnaNee Sonnaalum Adhu Maa Mandhiramae
Varaa, Varaa EnaNee Kaettalum Adhu Varu Thandhiramae
Naraa, Naraa EnaNee Ninaithalum Adhu Sura Sandhiranae
Tharaa, Tharaa EnaNee Koduththaalum Adhu Soora Sooriyanae

Adheetha Gaanam Adhuve Prathanam Unathu Nithaanam
Anubava Gaanam Adhuve Suyathanam Unathu Vilaasam
Abarotsamum Parotsamum Nee Ettadhe Jeshtam
Agam Gaanam Agambaavam Aabaththillaatha Subaavam

Kaettai Kaetkaamalaе Sutterikkum Koattai
Saettai Seiyyaamalaе Sollum Paettai
Paattai Paadaamalaе Paadavaikkum Paattai
Maattai Nogaamalaе Nirvagikkum Veettai

Kannathaasano? Kaalithaasano? Naaraayanin Vannan
Annathaathanum, Annathaathanum Ayyanin Appan
Munnavanum Neeye, Munaivarum Neeye, Munaippae, Mulaippae
Neervendaa Thenae; Aanmeegam Vendaa Arivae

Samarasam Thengaa San Maarkkamae Unmaarkkam
Saagasam Thengaa Saga Maarkkamae Un Thaakkam
Sadasada Sarasangal Suya Adhigaaramae Un Varkkam
Sala Saththangal Yedhu Varinum NaaUn Aakkam

Koadu Ondru Pottavan Annanaith Thedi
Koadu Erandu Pottavan Vannanaith Thedi
Koadu Moodru Pottavan Thannaiyae Thedi
Koadu Naangu Potta Nee Theduvathu Yenna?

6. Abirami Andhathiyil Kaettai Sakthi

Aanmagappaeru Adaiya

Kaganamum, Vaanamum, Puvanamum Kaanavir Kaaman Angam
Thaganamum Seitha Thavapperumaarkuth Thadakkaiyum Sem
Muganum Munnaangu Erumoondrenath Thondriya Moodharivin
Maganum Undaayathu Andro? Valli Nee Seitha Vallabamae!

Kavigaraaga

Vallabam Ondrariyaen; Siriyaen Nin Malaradichchem
Pallavam Allathu Patru Ondrilaen Pasum Porporuppu
Villavar Thammudan Veetriruppaai; Vinaiyaenthoduththa
Sol Avamaayinum Nintirunaamangal Thoththiramae.

Pagaivargal Azhiya

Thoththiram Seithu, Thozhuthu, Minpolum Nin Thottram Oru
Maaththiraip Podhum Manathil Vaiyaathavar Vanmai, Kulam
Koaththiram, Kalvi, Gunam, Kundri Naalum Kudilgalthorum
Paaththiram Kondu Palikku Uzhalaanirpar Paarengumae.

Nilam Veedu Ponda Selvangal Peruga

Paarum, Punalum, Kanalum, Vengaalum, Padarvisumbum,
Oorum Murugu Suvaioli Ooroli Ondrupadach
Serum Thalaivi, Sivagaamasunthari Seeradikkae
Saarum Thavamudaiyaar Padaiyaatha Thanam Illaiyaie.

Video Link : <https://youtu.be/iVb8ulEiZMg>

7. Vishnu Sahasranamathil Kaettai Sakthi Om..Om..Om..

Om Apraathirathaaya Nama	- Mirattalgal Yezhaatha Mannavanae Potri
Om Prathyumnaaya Nama	- Soththukkalin Moththamae Potri
Om Amithavikramaaya Nama	- Alavida Mudiyaatha Elakkanagalae Potri
Om Kaalaneminiknae Nama	- Kaalanemi Asuranai Vindravanae Potri
Om Veeraaya Nama	- Dhairiyamaana Veeranae Potri
Om Zowraaye Nama	- Gowrava Sooranae Potri
Om Zoorajaneswaraaya Nama	- Koattai Kattiyaalum Indhiranae Potri
Om Thrilogaathmane Nama	- Moovulagum Unarndha Aathmaave Potri
Om Thrilogezaaya Nama	- Thiriloga Nirvaagiyae Potri
Om Kezavaaya Nama	- Sirappu Sooriya Kranangalae Potri
Om Keziknae Nama	- Kesiyai Kondravanae Potri
Om Harayae Nama	- Samsaara Saaharaththai Kadanthavanae Potri
Om Kaamadhevaaya Nama	- Dharma, Karma, Kaama, Motcham Kandavanae Potri
Om Kaamabaalaaya Nama	- Vaiyaththu Vaazhvaangu Naayaganae Potri
Om Kaaminae Nama	- Aasaigalai Niraivaetri Tharubavane Potri
Om Kaandhaaya Nama	- Prammanukku Kootti Thantha Kodaiyae Potri
Om Kruthaakamaaya Nama	- Aagamangalin Esaiyae, Eyalae Potri
Om Anirthesyavapuksha Nama	- Yennaththil Adangaatha Gunagalae Potri
Om Vishnavae Nama	- Yengum Niraintha Paramporulae Potri
Om Veeraaya Nama	- Eyakkaththin Paramporulae Potri
Om Anandhaaya Nama	- Yellaiyillaa Sudhanthiramae Potri

Om Thanagjaayaaya Nama	- Thanagjeya Anuboothiyae Potri
Om Prahmanyaaya Nama	- Vedham Padiththa Praamananae Potri
Om Prahmakruthe Nama	- Meththappadiththa Thavamae Potri
Om Praahmanae Nama	- Oxygen Aatralae Potri
Om Praahmanae nama	- Thavagalil Kalai Karagamae Potri
Om Prahmavivartthanaya Nama	- Pramma Viththaiyaana Thavame Potri
Om Prahmavithae Nama	- Parai Saatrum Thava Sirpiyae Potri
Om Praahmanaaya Nama	- Magaa Mouni Ul Kadavae Potri
Om Prahminae Nama	- Ulkada, Ulkada Praananae Potri
Om Prahmajgaaya Nama	- Nadai, Udai Paavanaiyae Potri
Om Praahmanapriya Nama	- Munmaadhiriyaana Priya Praammaneeeyamae Potri
Om Mahaakramaaya Nama	- Raama Naama Vilaasamae Potri
Om Mahaakarmanae Nama	- Ulagai Kaakkum Seyalae Potri
Om Mahaathejzae Nama	- Parinaama Valarchchi Oliyae Potri
Om Mahaarakaaya Nama	- Naaga Saththiyae Potri
Om Mahaakrathvae Nama	- Thiyaaga Prammamae Potri
Om Mahayajvanae Nama	- Emmai Ulaga Pugazhae Potri
Om Mahaayajgaaya Nama	- Yaagaththin Thiyaagamae Potri
Om Mahaahaviksha Nama	- Avirpaaga Muththiraiyae Potri
Om Zthavyaaya Nama	- Anaivarum Yettrum Yettramae Potri
Om Zthavapriyaaya Nama	- Pajanai Priya Anumanae Potri
Om Zthothraaya Nama	- Raama Naama Magimaiyae Potri
Om Zthudhayae Nama	- Mugazthuthiyin Mugaththuvamae Potri

Om Zthothrae Nama - Raamanaama Muzhakkamae Potri
Om Ranappriyaaya Nama - Sangu, Sakkara, Kadhaa, Godhanda Saaranga
Vaazhviyalae Potri

8. Lalitha Sahasranamathil Kaettai Sakthi

Rakthavarnaamaamamzanishtaakudaanna Preethamaanazaa
Zamazthapaktha Zoogathaalaakinyabaa Zvaroobinee

Zvaathishtaanaampujakathaasathurvakthramanoharaa
Soolaathyaayutha Zambanthaapeethavarnaa Thigarvithaa

Medhonishta Madhupreethaapandhinyaathi Zamanvithaa
Thathyandhaazakthahruthayaakaakineerooba Thaarinee

Moolaathaaram Pujaaroodaa Panjavakthraazthi Zamzthithaa
Angusaathi Praharanaavarathaathi Nishevithaa

Muthkowthanaazaktha Siththaa Zaakinyamabaa Zvaroobinee
Aajgaasakraapja Nilayaasuklavarnaa Shadaananaa

Majjaa Zamzthaa Zamzavathee Mukasakthi Zamanvithaa
Harithraannaiga Razikaa Haakinee Rooba Thaarinee

Video Link : <https://youtu.be/DtSBLpQStT4>

9. Gandhaguru Kavasathil Kaettai Sakthi

Yezhaiyai Kaaththidappaa Yeththugiraen UnNaamam

Unnaiyandri Verondrai Orupodhum Nambugilen

Kankanda Theivamae Kaliyuga Varadhane

Kandhanendra Personnaal Kadithaga Noitheerum

Puvanechvari Mainthaa Potrinen Thiruvadiyai
Thiruvadiyai Nambinaen Thiruvadi Saakshiyaaga
Puvanamaadhaa Mainthanae Punniya Moorththiyae Kael
NinNaamam Yeththuvadhe Naanseiyyum Thavamaagum
Naaththamum Peravae Yaeththiduvaen NinNaamam
Murugaa Murugaa Vendraemooch Chellaam Vittiduvaen
Ullum Puramum Orumuruganaiyae Kaanbaen
Anging Genaathapadi Yengumae Muruganappaa
Murugan Elaavittaal Muvvulaga Medhappaa
Appappaa MurugaaNin Arulae Ulagamappaa
Arulelaam Murugan Anbelaam Murugan
Zthaavara Jangamamaai Skandhanaai Aruvuruvaai
Muruganaai Mudhalvanaai Aanavan Skandhaguru
Skandhaachrama Mirukkum Skandhaguru Adipattri
Saranam Adaidhavargal Zaayujyam Pettridivar
Saththiyam Solgindren Sandhega Millaiyappaa
Vedhangal Potridum Vadivelan Muruganai Nee
Sandheha Millaamal Saththiyamaai Nambiduvaai
Saththiyamaana Dheivam Skandha Gurunaadhan
Saththiyam Kaanavae Nee Saththiyamaai Nambidappaa

Video Link : <https://youtu.be/fO7MD2St1iU>

10. Kandhar Anuboodhi Kaettai Sakthi

Sindhaakula Illodu Selvam Yenum
Vindhaadavi Yendru Vidap Peruvaen
Mandhaagini Thantha Varothayanae
Kandhaa, Murugaa, Karunaakaranae. (33)

Singaara Madanthaiyar Theeneri Poi
Mangaamal Yenakku Varam Tharuvaai
Sankraama Sigaavala, Shanmuganae
Ganganathi Baala, Krubaakaranae. (34)

Video Link : <https://youtu.be/x9sjGNdLHkw>

11. Raahangalil Kaettai Sakthi

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Shaathvithamargini	Subarnaangi	Divya Mani	Divya Mani

12. Moolamandhiram

Yaani Kaanisa Baabaani Janmaantra
Kruthaanisa Thaani Thaani Vinasyanthi
Prathakshinapadhepadhe

13. Virutcha Sakthi Pera Nada Vendiya Maram

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Palaa	Poovarasu	Arasu	Vembu

14. Parigaaram

- Kuraindhapatcham 7 Nabargalukku Udhaviduga.
- Ungal Vazhipaattirkku Yettrapadi Mandhirangalai Paaraayanam Seiyyavum.
- Kovilukku Sendru Swaamiyai Tharisikkavum.
- 2x2 Kannaadi Vaiththu Ungal Mugaththai Paarththu Thiyaanam Seiyyavum.
(Aadi Thiyaanam).
- Natchatthira Kovil **Arulmigu Varatharajapperumaal Thirukkoyil,**
Pasupathi Koyil - Thanjavur.

Aathma Trust (Aathma Lingam)

Regd. No : 96/19

33. Kosalai, Girivalam,

Thiruvannamalai – 600 501.

Website : www.aathmanakshtra.org

www.yaasha.in

Email : jhohumm@gmail.com

youtube : [aathmanakshatra](https://www.youtube.com/aathmanakshatra)
