

# Anusham Nakshatra (Aathma Lingam)

## 1. Ganapathy Vazhipaadu

Parasivam, Sinmayam, PooraNam,  
Sivabogabakyam Paramanithiyam

## 2. Thirubarutpavil Siva Anusham Sakthi

Parama Karunaam Param, Tharpatham,  
Kanasorpadhaatheetham, Inba Vadivam.

## 3. Thiruppavaipaasuram – 9 Anusham Eyalbu

Thoomanimaamadaththuch Chuttrum Vilakkeriya

Thoomam Kamazhath Thuyilanaimel Kanvalarum

Maman Magalae Manikkathavam Thaalthiravaai

Maameer Avalai Yezhupeero Unmagalthaan

Oomaiyo? Andrich Chevido? Ananthalo?

Yemap Perunthuyil Mandhirap Pattaalo?

Maamaayavan Maadhavan Vaiguntha Nenrendru

Naamam Palavum Navindrelo Rembaavaai.

**Video Link :** <https://youtu.be/w0JPZrFVclw>

## Vilakkam :

Anuraadhaa Anaiththaiyum Arindhavar. Aval Oomaiyo? Andrich  
Chevido? Anandhalo? Yendra Kelvical Palavaai Paasuraththil Pramikka  
Vaikkirathu. Anuraadhaa Oomaiyum Alla, Sevidum Alla, Anandhalum Alla,



Ragasiyaththai Kaappaatrum Vagaiyilae Oomaiyaagavum, Thagaathavatrai  
Ketakum Vagaiyilae Sevidaagavum, Saadhanaigal Vella Vendum Yenbadhilae  
Kaalththirkerpa Anandhalaagavum Eruppadhe Anuraadhaavin Eyalbu.

Thoomanimaadaththu                      Suttrum                      Vilakkeriya                      Anaiththu  
Aaseervaadhangaludan Karunaiyae Vadivaaga Tharpadhaththai Than Nilaiyai  
Ulagariya Seibavalaе Anuraadha. Tharpadham Thannudaiya Nilaipattu Kan  
Valarum Yendru Kurikkappattullathu. Indha Kan Valarchchi Arivippathu  
Karunaiyin Aarambamaagum. Karunai Aarambam Karunaambaramaaga  
Anuraadha Sollum Sorkalellaam Arththamaana Vilaivugalai Yerpaduththum.  
Yenavedhan Maaman Magalae Yendru Chellamaaga Azhaikkappadugirathu.

Anuraadha Nakshatrathhtin Arutperunjothi Kan Vazhiyaaga Karunaiyai  
Malara Seivathu Melum Erakkamulla Manasukkaaranaaga Erukkach Cheivathu  
Ulaga Saadhanai Aagum. Maamaayanai Mayakkiya Oomaiyallava Anuraadha  
Perunthuyil Mandhiram Yedhuvendru Alasi Paarkkum Podhu, Adhuve Ingu  
Magaamandhiram.

**Radhekrishna Radhekrishna !**

**Radhekrishna Radhekrishna !**

Ulagaththirku Payanpadum Indha Karunai Anusham Ulaga Podhumarai  
Eyattriya Thirukkuralai Yezhuthiya Thiruvalluvarukku Sondhamaagum.

Yenave Naamellaam Uyya Karunaiyae Varuga! Karunaiyae Arulga!  
Ethuvae Nam Anuraadha, Anukiragaradha, Radhe Krishna, Radhe Krishna,  
Radhe Krishna Ithuvae Inba Vadivam, Paerinba Vadivam. Anushamae Varuga!  
Anushamae Arulga!

Indha Arutperunjothigal Parama Karunaambaramaaga, Tharpathamaaga,  
Adheethamaana Sollaathikkamaaga, Inbavadivamaaga Thoomani Maadaththuch  
Chuttrum Vilakkeriya Thoobam Kamazhath Thuyilanaimel Kanvalarum.  
Yenave Karunai Parama Karunaambaramaaga Valarum Yenbathai Kan  
Valarum Yendru Padhamaaga Solliyirukkiraargal.

Inba Vadivaththai Maman Magalae Yendru Urimaiyudan Vadiththu  
Kaattiyirukkiraargal. Manikkathavam Thaal Thirandhu Perinbaththai Adaiya  
Inba Arulai Pera Anaiththu Thaguthigalum Anuraadhaavirku Undu. Ithuvum  
Anusham. Ithuvae Manusham.

Anuraadha Paarppadharku Oomai Alla, Maamaayanudan Mozhi Pugala  
Vandha Maamedhai. Anuraadha Sevidalla, Maadhavanidam Kettunarum  
Thiruvalar Selvi.

Anuradha Ananthalla, Vaigunthanidam Nadamaadum Vaigundaththai  
Prathishtai Seiyya Thagunthavalae Aavaal. Indha Nadamaadum Vaigundamae  
Yemap Perunthuyil Pattaraiyaga, Yendrendrum Naama Sangeerththanamaaga

Tharpathangalaai, Sorpadhangalaai, Navindra Vannam Adheetha Vilaivugalai  
Yerpaduththum. Moththathil Anuradha Anushaththil Manusham.

#### **4. Vedhaththil Anusham Jothisakthi**

**Om Boor Buva Swaha ( Mettu )**

Mithradheyaayai Vithmahae

Mahaamithraaya Theemahi

Dheva Karunaa Theemahi

Thanno Anusha Prasodhayath:

Karunaamparamaai Thigazhdhiduvaai

Kaatchikku Inba Vadivaanaai

Sodhanai Theerkka Vallavanaai

Sodharanaanaai Namō Namō:

Adheetha Aatral Kondiruppaai

Arivudan Sirandha Kunangaludan

Tharpatham Yenum Sirappudanae

Natpudan Thigazhvaaai Namō Namō:

Om Sivaya Mae Nama Sivaya Mae

Thrayambakaya Mae Saayi Dhevaya Om

## 5. Anusham Kavithai

Seyarpadungperungarunaiyae Nee; Eraivanin Yedhirpaarppu  
Panipperunguruniyae Nee; Pagalavanin Udhirpaarppu  
Kanipperungaarunyamae Nee; Motchaththin Valaikaappu  
Sanippeyarchchi Sorpadhamae Nee; Erakkaththin Maaraappu

Radha Kadhal Varaadha? Anuradha Udan Varumae!  
Maadha Kuzhappam Varaadha? Anusol Udan Thenae!  
Vaadha Por Varaatha? Tharpadham Udan Venpuraavae!  
Saadha Ranam Varaatha? Radha Anu Udan Perinbame!

Kaalamum Neramum Thooramum Inba Vadivame  
Kaalame Kaatchi Kolame Saatchi Oliyum Oliyume  
Kaalanaai Karaikka Kanasol Aaru Onbathu Vaayilae  
Kaalnaakku Melnokka, Kaatrae Nee Maranamilaa Koyilae

Ragasiya Snegithane! Perungarunai Ambalamae  
Ragasiya Yedhilum Yengum Yenendru Eranguvaayae  
Erakkam Ninniyalbae Nokkam Kondiru  
Eravuvarai Aaraavaaram Yen? Alaichchalum Yeno?

Theeraatha Vinaigal Niraintha Tharunangal  
Yaeraatha Visaigal Parantha Ulagangal  
Maaraatha Tharpathathaal Sorpathaththaal Inbam Neeyae  
Kaaraatha Karkandae Kuruthiyilaa Karunai Vadivamae

Sombalil Neeyirunthaal Ulagappor Needikkum  
Aambalil Neeyirunthaal Azhaguppor Saadhikkum  
Saambalil Neeyirunthaal Sudugaadu Bodhikkum  
Adakkaththil Neeyirunthaal Edukaadu Yezhunthaadum

## **6. Abirami Andhathiyil Anusham Sakthi**

### **Maayaiyai Vella**

Naayaenaiyum Ingu Oru Porulaaga Nayandhuvandhu  
Neeyae Ninaivindri Aandukondaai Ninnai Ullavannam  
Peyen Ariyum Arivuthanthaai Yenna Perupettren?  
Thaaye! Malaimagalae! Senganmaal Thiruththangachiyae.

### **Yeththagaiya Achchamum Agala**

Thangachchilai Kondu Thaanavar Muppuram Saaiththu, Madha  
Vengan Karipuri Porththa Senjevagan Meiyyadaiya  
Kongai Kurumbai Kuriyitta Naayagi! Konakach  
Sengai Karumbum, Alarum Yeppodhum En Sindhaiyadhe.

### **Arivu Thelivodu Erukka**

Therumbadi Sila Yedhuvum Kaatimun Selgathikku  
Koorumporul Kundrilkottum Tharikurikkum; Samayam  
Aarum Thalaivi Evalaai Eruppathu Arinthurunthum  
Vaerum Samayam Undendru Kondaadiya Veenarukkae.

### **Bakthi Peruga**

Veenae Paligavar Dheivangal Paarsendru Mikka Anbu  
Poonae; Unakku Anbu Poondum Kondaen; Ninpugazhchchiyandri  
Paenaen; Orupozhuthum Thirumeni Prakaasamindri  
Kaanaen Erunilamum Thisai Naangum Kaganamumae.

**Video Link :** <https://youtu.be/iVb8ulEiZMg>

## **7. Vishnu Sahasranamathil Anusham Sakthi Om..Om..Om..**

Om Sridhaaya Nama	- Panam Tharum Thaname Potri
Om Srizaaya Nama	- Thana Aagarshana Aatralae Potri
Om Srinivaazaaya Nama	- Srinivaasane Paavam Pokkave Potri
Om Srinithaye Nama	- Paavam Posukki Maatram Tharubavale Potri
Om Srivibaavathaaya Nama	- Nambi Nalluravudan Aatral Tharubavanae Potri
Om Sritharaaya Nama	- Thottrappolivu Olivattamae Potri
Om Srigaraaya Nama	- Azhagu, Kavarchchi Aatral Petravane Potri
Om Zreyazae Nama	- Moovulagilum Sellum Selvamae Potri
Om Srimathe Nama	- Thaamarai Kangal Tharum Sugamae Potri
Om Logathrayaazraaya Nama	- Anga Latchanam Aayiramae Potri
Om Zvakshaya Nama	- Sadhaa Aananthamae Potri
Om Zvangaaya Nama	- Peraanatha Peroliyae Potri
Om Zadhaananthaaya Nama	- Jothirthiyaana Aarambanilaiyae Potri
Om Nanyedha Nama	- Manasaatchiyai Vendravanae Potri
Om Jyothirkanezvaraaya Nama	- Aayakalaigal Thaandiya Anubavame Potri
Om Vijithaathmane Nama	- Pugazheniyil Ulla Unmai Uzhaippe Potri
Om Avitheyaathmane Nama	- Ullangai Nellikaniyena Aanaigalae Potri

Om Zathkeerththayae Nama	- Manangalai Aalum Mannavanae Potri
Om Sinnazamzayaaya Nama	- Sarvamanagal Ariyum Erai Sakthiye Potri
Om Udheernaaya Nama	- Kannan Kooda Unakkadimai Potri
Om Zarvadhas Sakshapze Nama	- Raadhaiyin Alangaarantal Avadhrame Potri
Om Poozayaaya Nama	- Vinothasagiye, Visithra Azhaippe Potri
Om Pooshanaaya Nama	- Sohangelai Maatri Suhamalippavane Potri
Om Poodhayae Nama	- Soorya, Chanthira Nakshathra Krahanagalin Anbae Potri
Om Vizokaaya Nama	- Dhevarum, Dheivamum Vanagum Thooya Amuthe Potri
Om Zoganaazaanaaya Nama	- Amirtha Kalasamae Potri
Om Archchishmadhe Nama	- Mukkunagalin Inba Vadivame Potri
Om Archchithaaya Nama	- Ninaivileye Kannan Arul Azhaththu Tharubavalaie Potri
Om Kumbaaya Nama	- Yedhirigalaal Veezhththa Mudiyaatha Kadhal Kanirasamae Potri
Om Vizooththaathmanae Nama	- Eedu Enaiyillaa Por Veeranae Potri
Om Vizoothanaaya Nama	- Selviyena Selvaththirku Melaanavanae Potri
Om Aniruththaaya Nama	- Arivirsirantha Azhagirkiniya Arugalame Potri



## **8. Lalitha Sahasranamathil Anusham Sakthi**

Vajrechvaree Vaamathevee Vayovazthaa Vivarjitha

Ziththechvaree Ziviththavithyaa Ziththamaadhaa Yasazvinee

Visuththi Sakra Nilayaa Rakthavarnaa Thrilosanaa

Katvaangaathi Praharanaa Vadhanaiga Zaman Vithaa

Baayazaanna Priyaa Thvakzthaa Pasuloga Payangaree

Amruthaathi Mahaasakthi Zamvruthaa Taakineechvaree

Anaahathaapja Nilayaa Chyaamaabaa Vadhanathvayaa

Thamshtrojvalaa Kshamaalaathitharaa Ruthirazamzthithaa

Kaalaraathryaathi Sakthyowga Vruthaa Znikthowthana Priya

Mahaaveeraenthavarathaa Raaginyamba Zvaroobinee

Manipoorapja Nilayaa Vadhanathraya Zamyuthaa

Vajraathikaayuthobedhaa Daamaryaathipi Raavruthaa

**Video Link : <https://youtu.be/DtSBLpQStT4>**

## **9. Gandhaguru Kavasathil Anusham Sakthi**

Yezhaiyai Kaaththidappaa Yeththugiraen Un Naamam

Unnaiyandri Verondrai Orupodhum Nambugilen

Kankanda Theivamae Kaliyuga Varadhane

Kandhanendra Personnaal Kadithaga Noitheerum

Puvanechvari Mainthaa Potrinen Thiruvadiyai

Thiruvadiyai Nambinaen Thiruvadi Saakshiyaaga  
Puvanamaadhaa Mainthanae Punniya Moorththiyae Kael  
NinNaamam Yeththuvadhe Naanseiyyum Thavamaagum  
Naaththamum Peravae Yaeththiduvaen NinNaamam  
Murugaa Murugaa Vendraemooch Chellaam Vittiduvaen  
Ullum Puramum Orumuruganaiyae Kaanbaen  
Anging Genaathapadi Yengumae Muruganappaa  
Murugan Elaavittaal Muvvulaga Medhappaa  
Appappaa MurugaaNin Arulae Ulagamappaa  
Arulelaam Murugan Anbelaam Murugan  
Zthaavara Jangamamaai Skandhanaai Aruvuruvaai  
Muruganaai Mudhalvanaai Aanavan Skandhaguru  
Skandhaachrama Mirukkum Skandhaguru Adipattri  
Saranam Adaidhavargal Zaayujyam Pettridivar  
Saththiyam Solgindren Sandhega Millaiyappaa  
Vedhangal Potridum Vadivelan Muruganai Nee  
Sandheha Millaamal Saththiyamaai Nambiduvaai  
Saththiyamaana Dheivam Skandha Gurunaadhan  
Saththiyam Kaanavae Nee Saththiyamaai Nambidappaa

**Video Link :** <https://youtu.be/fO7MD2St1iU>

## 10. Kandhar Anuboodhi Visaagam Sakthi

Paazhvaazhvu YenumIp Padumaayaiylae

Veezhvaai Ena Ennai Vithiththanaiyae

Thaazhvaanavai Seithana Thaam Ulavo?

Vaazhvaai Ini Nee Mayil Vaagananae. (31)

Kalaiyae Padharik, Kadharith Thalaiyoodu

Alaiyae Padumaaru, Adhuvaai Vidavo?

Kolaiyae Puri Vedar Kulap Pidithoi

Malaiyae, Malai Kooridu Vaagaiyanae. (32)

**Video Link :** <https://youtu.be/x9sjGNdLHkw>

## 11. Raahangalil Anusham Sakthi

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Paava Priya	Paava Priya	Subabandhu Varaali	Shaathvithamargini

## 12. Moolamandhiram

Akshayam, Paramam, Pathmam, Jothi Roobam Jenaarththanam

## 13. Virutcha Sakthi Pera Nada Vendiya Maram

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Magizham	Poomaruthu	Kongu	Thekku

## 14. Parigaaram

- Anuman Koyilukkuch Chendru Vadamaali Podavum.
- Anumanukku Thaamarai Pookkalaal Archchanai Seiyyavum.
- Kuraindhapatcham 7 Nabargalukku Udhaviduga.
- Ungal Vazhipaattirkku Yettrapadi Mandhirangalai Paaraayanam Seiyyavum.
- Kovilukku Sendru Swaamiyai Tharisikkavum.
- 2x2 Kannaadi Vaiththu Ungal Mugaththai Paarththu Thiyaanam Seiyyavum.  
(Aadi Thiyaanam).
- Natchatthira Kovil **Arulmigu Magaalatchumipureeswarar Thirukkoyil,**  
Thirunindriyoor - Mayilaaduthurai.

**Aathma Trust (Aathma Lingam)**

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