

Chithirai Nakshatra (Aathma Lingam)

1. Ganapathy Vazhipaadu

Parasivam, Sinmayam, PooraNam,
Sivabogabakyam Paramanithiyam

2. Thiruvarutpavil Siva Chithirai Sakthi

Pagarsubaavam, Punitham, Adhula Madhulitham,
Paraamparam Niraalambanam.

3. Thiruppavaipaasuram – 6 Chithirai Eyalbu

Pullum Silambinakaan Pullaraiyan Koyilil

Vellai Vilisingin Peraravam Kaettilaiyo

Pillai Yezhundhiraai Peimulai Nanjundu

Kallach Chagadam Kalakkazhiya Kaalochi

Vellath Tharavil Thuyilamarndha Viththinai

Ullaththuk Kondu Munivargalum Yogigalum

Mella Yezhunthu Ariyendra Peraravam

Ullam Pugunthu Kurinthelo Rembaavaai.

Video Link : <https://youtu.be/mqinDTSob5M>

Vilakkam :

Pullum Silambina Kaan Agila Ulagaththil Velippadaiyaanathu Paravai
Enameyaagum.

Indha Subaavamaana Velippadai Anubavaththil Thalaisirandhu Vilangum
Paravaigalin Arasan Karudan Chithirai Nakshatramdhaan. Yenave, Karudanin
Koyilil Velli Vellai Vilisingin Poraattam Kaettilaiyo? Vellai Manam Konda
Chithirai Nakshatram Ulagaththai Karuda Paarvaiyil Thulliyamaga Kanikka



Koodiyavargal. Melum, Indha Karudappaarvaiyum, Aaruda Pechum Sakthivaaindha Puratchiyai Yedharththamaaga Velippaduththum.

Yennangal Pudhirgal Alla Puratchiyaagum. Chithira Kupthanin Kanakkugal Poi Aagaathu. Yenavae Adharku Undaanavaigalaaha Maarum. Poi Muraiyaanaalum Kalakkazhiya Kaaloachi Vetri Kaanbavargal Chithirai Nakshatrathaarargal Aavar. Adhavadhu Puratchiyaana Yennangal Sariyaana Thaththuvaththin Keezh Sollaagavum, Seyalaagavum Maatri Tharuvadhaiyae Munivargalum, Yogigalum Paaraatti Pesuvaargal.

Paamara Makkal Ullam Pugunthu, Paguththarindhu Paava Punniyangalai Nangu Sadanguhal Sangadangal Evaigalaiyae Thavirththu Aanma Neyathaiyae Velippaduththum Ullam Konda Chiththiraiyae Varuga! Kulirndha Arulai Pozhiga! Manithan Manithanaaga Vaazha Kattru Koduppadhaiyae Chithiraiyin Karudapanjami Aadhaarangalaagum. Melum Evai Tharkaalaththin Arutpaakkalaagum. Indha Arutpaavin Ariga Yengira Peraravam (Hari) Ullam Pugunthu Kulirach Cheiyum.

Kadal Naduvae Paambanai Mel Palli Konda Paraman, Vellaththaravil Thuyilamarndha Vidham Chithiraiyennum, Thirandha Velippadaiyaana Pagar Subaavamaagum. Indha Sirandha Velippadaiyaana Pagar Subaavaththai Munivargalum, Yogigalum, Vedha Virpannargalum, Thaguntha Madhippum, Mariyaadhaiyum Thandhu Sirappu Seigindranar. Indha Paraambara Niraalambanaai Yenbathu Adimudi Kaanaatha Arivai Velippaduththuvadhaagum. Prammaandaththai Pulappaduththuvadhaagum.

Paravaigalin Arasanaana Karudan Uchchiyil Parandhaalum, Ulagaththai Karudappaarvaiyil Koorndhu Nokki Aththanaiyum Ulvaangakkoodiya Thiramai Chithiraiyin Subaavamae.

Paambanaiyum Paravai Arasanum Vinotha Kalavaiyaagum. Vellai Vilichchangu Punithathin Velippaadaagum. Indha Hari Yendra Peraravam Ulagaththin Moolai Mudukkugalilellaam Chithiraiyin Karutthukkalaaga Sendradaiyum. Poodhagiyai Ozhippadhilum Oru Puratchi, Peimulai Nanjundu, Poodhagiyin Pei Ullaththai Azhiththadhu Pola Yedhirigalai Chithiraiyinar Viththiyaasamaaga Kaiyaaluvaargal. Kalla Sakthiyai Thoolaakkum Vallamai Chithiraikku Undu. Chithiraiyin Kanakku Ullam Pugundhu Thulliyamaaga Padam Pidikkum. Chithiraiyae Varuga! Chithiraiyae Arulga!

4. Vedhaththil Chithirai Jothisakthi

Om Boor Buva Swaha (Mettu)

Mahaa Thvashtaayai Vithmahae

Prajaarobaayai Theemahi

Suba Yuvathi Theemahi

Thanno Chaithraa Prasodhayath

Velippadaiyaana Seyalvadivam

Vendharkuriya Uyarvalikkum

Thaniththanmaiyyudan Perum Arivum

Punitham Perumae Namu Namu

Yezhu Sakthigal Arul Kidaikkum

Yettram Tharum Nalvaazhvalikkum

Ullam Kulirum Nilai Kodukkum

Unarvae Uyarvae Namu Namu

Om Sivaya Mae Nama Sivaya Mae

Thrayambakaya Mae Saayi Dhevaya Om

5. Chithirai Kavithai

Chithiraiyil Pirandha

Agilaanda Kodi Prammaanda Naayaganae

Venthiraiyil Sirandha

Thugilaanda Kodi Pramikkum Vaalibanae

Arul Thiraiyil Niraindha

Mayilaanda Muruganai Tharisiththa Paalaganae

Chithiraiyil Niraintha

Neeveer Neeril Yettriya Vilakkil Saadhaganae

Prammaandame, Pramippe, Pramaadha Prasangame

Viradhamangalame, Viraaliye, Vilakkame, Vilakkame

Krama Sangalbame, Kraama Sahasrame, Kranapoosame

Srama Sandhoshame, Siram Kaanaa Niraalambane, Seeraalame

Guruthosha Nivarththi, Kodi Varinam Ethu Kidaikkaathu

Uru Thesa Tharisanam, Kodi Thedinum Ethu Kidaikkaathu

Paru Nesa Aanmeegam, Kodi Seiyyum Ethu Maraikkaathu

Tharu Arul Yedhiridai, Kodi Pagaikkum Ethu Maraikkaathu

Arutperunjothi – Aasai Perunjothi

Arutperunjothi – Adhai Thanakkenuj Jothi

Arutthirai Aayinum – Erulneekki Olirum Jothi

Arutjothi Adhuve Jeeva Jothi – Maatrae Asura Jothi

Thalaivan Neeye! Thakkaarum Thaane Serntha Koottam

Thaathaa Neeye! Mikkaarukku Thaane Serntha Kumbal

Thigilum Neeye! Milechcharukku Thaane Yedhirththa Kuravar

Theeyum Neeye! Murugarukku Thaane Mulaitththa Munaivar

Paaraataamal, Panpaadaamal Nee Sernthiduvaai

Therotaamal, Thee Kaattaamal Nee Moodiduvaai

Kaalaataamal, Kai Uzhaikkaamal Nee Vaadiduvaai

Sollaamal, Ketkaamal Nee Arul Purivaai

6. Abirami Andhathiyil Chithirai Sakthi

Maranath Thunbam Illaadhrukka

Kurambai Aduththuk Kudipukka Aavi Vengootrukkitta

Varambai Aduththu Marugum Appodhu Valaikkai Amaiththu

Arambai Aduththa Arivaiyar Soozhavandhu Anjal Enbaai

Narambai Aduththa Esaivadivaai Nindra Naayagiyae.

Ambigaiyai Neril Kaana

Naayagi: Naanmugi: Naaraayani: Kai Nalina Panja

Saayagi: Saambavi: Sangari: Saamalai: Saadhinchu

Vaayagi: Maalini: Vaaraagi: Soolini: Maadhangi Yendru

Aayagi Aadhi Udaiyaal Saranam Aran Namakkae.

Mogam Neenga

Aranam Porul Yendrarul Ondrilaatha Asurar Thangal

Muran Andrazhiya Munintha Pemmaanum, Mugunthanumae

Saranam Saranam Enanindra Naayagi Than Adiyaar

Maranam, Piravi Erandum Yeithaar Indha Vaiyagaththae.

Perunjelvam Adaiya

Vaiyam, Thuragam, Madhagari, Maamagudam, Sivigai

Peiyyum Kanagam, Peruvilai Aaram, Piraimudiththa

Aiyan Thirumanaiyaal Adiththamaraikku, Anbu Munbu

Seiyyum Thavam Udaiyaarkku Ulavaagiya Chinnangalae.

Video Link : <https://youtu.be/iVb8ulEiZMg>

7. Vishnu Sahasranamathil Chithirai Sakthi Om..Om..Om..

Om Uththaraaya Nama	- Uththaraa Samuththira Kaniyae Potri
Om Gobathaye Nama	- Gobathi Yenum Pasubathiye Potri
Om Gobthrae Nama	- Murpokku Paadhukaavalarae Potri
Om Jgaanagamaaya Nama	- Pala Gaanaththirku Appaarpattavarae Potri
Om Puradhanaaya Nama	- Pazhamaiyin Perumaiyae Potri
Om Zareerapoopruthe Nama	- Panjapoodha Poovudale Potri
Om Pokthrae Nama	- Pogamarulum Velippadaiyae Potri
Om Kabeenthraaya Nama	- Varaaga Viratha Indhiranae Potri
Om Poorithakshinaaya Nama	- Yaagap Paramporulae Potri
Om Zomabaaya Nama	- Somabaana Punithamae Potri
Om Amruthabaaya Nama	- Amirthamarulum Aanandhamae Potri
Om Zomaaya Nama	- Natchaththira Nalangaanum Mathiyae Potri
Om Purujithae Nama	- Vetrivizhaa Naayaganae Potri
Om Puruzaththamaaya Nama	- Velippadai Vendhar Nalamae Potri
Om Vinayaaya Nama	- Vinayamaana Vimarsaname Potri
Om Jayaaya Nama	- Vettri Arivu Jeevakaarunyamae Potri
Om Zathyazandhaaya Nama	- Arivu Vilangiya Saththiyamae Potri
Om Thaazaarhaaya Nama	- Annadhaana Prabuvae Potri

- Om Zaathvadhambathaye Nama - Mahaamandhira Thandhiramae Potri
- Om Jeevaaya Nama - Jeevargalin Karththathvamae Potri
- Om Vinayithaazaakshine Nama - Kollaamai Kanda Saatchiye Potri
- Om Mugunthaaya Nama - Mukthineri Saakaakalaiye Potri
- Om Amirthavikramaaya Nama - Yellaiyillaa Karunai Ulagae Potri
- Om Ambonithaye Nama - Devarum, Deviyarum Thaanaga Serume Potri
- Om Ananthaathmane Nama - Yoma Jothi, Viyoma Jothiye Potri
- Om Mahothathizayaaya Nama - Valarppil Viththiyaasang Kaattubavarae Potri
- Om Andhakaaya Nama - Mudivuraiyil Munnurai Kaanumae Potri
- Om Ajaaya Nama - Aasaigal Adangumae Potri
- Om Mahaarhaaya Nama - Thaguthiyaana Eraippanbae Potri
- Om Zvaabaavyaaya Nama - Aadhiyandhamilaa Muzhumai Kalviyae Potri
- Om Jithaamithraaya Nama - Kaamakrothaththai Vendravanae Potri
- Om Pramothaaya Nama - Peraanandha Anuboothiye Potri
- Om Aananthaaya Nama - Suvarga Vaasalae Potri
- Om Nandhanaaya Nama - Velippadai Verubaadae Potri
- Om Nandhaaya Nama - Kuraiyilaadha Kotpaadae Potri
- Om Zathya Dharmanae Nama - Saththiya Pramaanamae Potri
- Om Thrivikramaaya Nama - Ulagiyalil Saagaakkalaiyae Potri

8. Lalitha Sahasranamathil Chiththirai Sakthi

Thaabathrayaakni Zandhaptha Zamaahlaadhana Santhrikaa

Tharunee Thaabazaaraathyaa Thanumathyaa Thamobahaa

Sithis Thathbathalakshayaarththaa Sithekaraza Roobini

Zvaathmaanandhalaveeboottha Prahmaathkaanandha Zandhathi

Paraaprathyak Sithee Roobaa Pachyanthee Parathevathaa

Mathyamaavaikaree Roobaabakthamaanaza Hamzika

Kaamechvara Praananaatee Krathajgaakaamapoojithaa

Chrungaara Raza Zamboornaa Jayaa Jaalandharasthithaa

Ootyaana Peeda Nilayaa Pindhumandala Vaazinee

Rahoyaahakramaaraathyaarahastharppana Tharppithaa

Zathya Prazaatheenee Vichvazaakshanee Zaakshivarjithaa

Shadangadevathaayuktha Shaatkunyaparipoorintha

Video Link : <https://youtu.be/DtSBLpQStT4>

9. Gandhaguru Kavasathil Chithirai Sakthi

Nangarindhu Kondaen Naanum Unatharulaal

Vittida Maatten Skandhaa Veeda Tharulveerae

Nadunettri Thaanaththu Naanunaith Thiyaanippaen

Pramma Mandhiraththai Podhiththu Vandhiduvaai

Suzhumunai Maarkkamaai Jothiyai Kaattiduvaai

Siva Yogiyaaha Enaich Cheithidum Gurunadha

Aasai Arutthu Aranadiyai Kaattividum

Meiyyadi Yaraakki Meiveetil Erutthividum

Kongu Naatilaey Koyil Konda Skandhaguro

Kolli Malaimaelae Kumaraguru Vaanavanae

Kanjamalai Siththar Potrum Kaangeyaa Skandhaguro

Maruthamalai Siththan Magizhdhupani Paramaguro

Sennimalai Kumaraa Siththar Karulvonaey

Sivavaakkiya Siththarulai Sivanmalaiyil Potruvaraey

Pazhaniyil Pogarumae Paarorvaazha Prathishtiththaan

Pulippaani Ziththargalaal Pudaisoozhadha Kumaraguro

Kongil Malindhitta Skandha Gurunaadhaa

Kallam Kabadamattra Vellai Yullam Arulveeraey

Kattravargalo Dennai Kalippurach Cheithidumae

Ulagengum Niraindhirunthum Skandhaguru Ulla Edam

Skandhagiri Yenbadhai Naan Kandukondaen Kandukondaen.

Video Link : <https://youtu.be/fO7MD2St1iU>

10. Kandhar Anuboodhi Chithirai Sakthi

Meiyyae Ena Vevvinai Vaazhvai Uganthu

Iyyo, Adiyen Alaiyath Thagumo?

Kaiyo, Ayilo, Kazhalo Muzhuthum

Seiyyoi, Mayil Yeriya Sevaganae. (25)

Aadhaaram Elaen, Arulai Peravae

Needhaan Oru Sattrum Ninainthilaiyae

Vedhaagama Gaana Vinotha, Mana

Adheethaa Suraloga Sigaamaniyae. (26)

Video Link : <https://youtu.be/x9sjGNdLHkw>

11. Raahangalil Chithirai Sakthi

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Salanadaa	Salanadaa	Saalagam	Jaalarnavam

12. Moolamandhiram

Karudam, Varadham, Devam Sri Vishnupriya

Vaahanam Zarppaathi Visha Harththaaram

Zarazaathvaamnaamaamyaham

13. Virutcha Sakthi Pera Nada Vendiya Maram

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Vilvam	Purasa	Kodukkaapuli	Thangasurali

14. Parigaaram

- Kaipesiyai Evarenum Oruvarukku Thaanam Seiyyavum.
- Elaigargalukku Penaa, Pensil Thaanam Seiyyavum.
- Kuraindhapatcham 7 Nabargalukku Udhaviduga.
- Ungal Vazhipaattirkku Yettrapadi Mandhirangalai Paaraayanam Seiyyavum.
- Kovilukku Sendru Swaamiyai Tharisikkavum.
- 2x2 Kannaadi Vaiththu Ungal Mugaththai Paarththu Thiyaanam Seiyyavum.
(Aadi Thiyaanam).
- Natchatthira Kovil **Arulmigu Siththiraatha Vallabaperumaal Thirukoyil,**
Kuriviththurai - Madhurai.

Aathma Trust (Aathma Lingam)

Regd. No : 96/19

33. Kosalai, Girivalam,

Thiruvannamalai – 600 501.

Website : www.aathmanakshtra.org

www.yaasha.in

Email : jhohumm@gmail.com

youtube : aathmanakshatra
