

Hastham Nakshatra (Aathma Lingam)

1. Ganapathy Vazhipaadu

Parasivam, Sinmayam, PooraNam,
Sivabogabakyam Paramanithiyam

2. Thiruvarutpavil Siva Hastham Sakthi

Panjakir ththiyasuththagar ththaththuvam,
Tharparam, Chidambaravilaasam.



3. Thiruppavaipaasuram – 4 Hastham Eyalbu

Aazhi Mazhaikkannaa Ondru Nee Kaikaravael

Aazhiyul Pukku Mugandhukodu Aarththeri

Oozhi Mudhalva Nuruvampol Meikaruththu

Paazhiyanth Tholudai Parpanaa Pankaiyil

Aazhipol Minni Valamburipol Nindrathirdhu

Thaazhaathe Saarnga Muthaiththa Saramazhaipol

Vaazha Ulaginil Peithidaai Naangalum

Maargazhi Neeraada Magizhdhelo Rembaavaai.

Video Link : <https://youtu.be/KOcjhUJpxIU>

Vilakkam :

Aazhimazhai Kanna, Un Kaiyil Ondraiyum Oliththu Vaikkaamal Oru
Thuli Neeraiyum Oliththu Vaikkaamal Anaitththu Neeraiyum Mazhaiyaaga
Pozhiyum Astham Kaigalae Un Kaigal. Enavae, Hastham Yendra Indha

Kaiyaana Aazhipol Minni Valamburi Sangupol Adhirdhu Saram, Saram Aaga Mannukku Vazhangugirai. Adhupol Indha Hastha Nakshathiram Panja Poodhagaludaiya Neersakthi, Aagayasakthi, Neruppusakthi, Kaatrusakthi Anaiththaiyum Ulladakkiyadhe Indha Hastha Sakthiyaagum. Enavae Ulagil Nalla Sathsangam Erundhaal Nalla Mazhai Pozhiyum, Illai Yenil Indha Hastha Sakthi Mannikkaathu Thandiththu Vidum. Siththi Buththi Vinaayagar Arul Ingu Enainthu Nokkuthal Avasiyam.

Indha Erai Sakthiyin Vilaasaththai Magizhchchiyai Maargazhi Tharisanaththil Kaanalaam. Eyarkai Enimaiyaanathu. Eyarkaikku Ainthu Muhagal. Adhuthaan Hasthaththirku Aindhu Viralgal Sangu, Sakkara, Kadhaa, Pushpa, Godhandam.

Naangu Kaigalil Nangamaidhu Thumbikkaiyudan Hasthathin Perumaiyai Paraisaattrum, Jeeva Jothiye Indha Paadalin Hasthamaai Varugirathu.

Ullangaiyile Oru Thuli Neeraiyum Oliththu Vaikkaamal Vaiyagam Vaazha Nankodaiyaaga Mazhaipol Tharum Astha Nakshatramae Suththa Karththathuvattai Arangettram Seigirathu. Indha Vagaiyaana Aazhimazhai Kannan Oru Kaiyil Sangupol Muzhangi, Maru Kaiyil Sakkaram Pol Minni Saram, Saramaaga Mazhaiyai Ulagaththirku Alikkirathu. Ingae Hastha Nakshatram, Paavangalai Mannikkaathu, Sakkaraththai Kondu Vilaasaththai Adhaavathu Eraivanin Mugavariyai Muzhangi Arivikkirathu.

Yenavae, Karatharisaname Tharparamaagum. Hasthame Karatharisanamagum. Hasthaththilulla Aindhu Viralgalum Panja Poodhangalin Paniyai Karai Padiyaamal Vensangu Ulagaththirku Paraisaatri Kondirukkum.

Karuththameniyum Paruththa Tholgalum, Saram Saramaaga Ambugalai Mazhai Ambugalai Anuppi Pathmanaabanai Namakku Ninaivoottum, Margazhi

Neeraaduthal Magizhchchiyai Alikka Valladhana Yadhaarththa Mazhaiyai
Vaazhvadharkaana Mazhaiyai Alippavargalae Hastha Nakshaththirargal.
Hasthamae Varuga! Hasthamae Arulga!

4. Vedhaththil Hastham Jothisakthi

Om Boor Buva Swaha (Mettu)

Prayachchathaayai Vithmahae

Prakrupnithaayai Theemahi

Punya Thaathaa Theemahi

Thanno Hastha Prasodhayath

Ullaththu Ozhukkam Uruvaagum

Unnadha Nilaiyai Thandhuvidum

Panja Poodhangal Arasaalum

Parisuththamana Pani Seiyum

Swarasyamaana Vaazhvalikkum

Suththam Nirai Tharum Nilai Kodukkum

Anaiththum Arindhidum Arivu Tharum

Aandavan Tharisanam Namu Namu

Om Sivaya Mae Nama Sivaya Mae

Thrayambakaya Mae Saayi Dhevaya Om

5. Hastham Kavithai

Aimbulan Agaththe Anaiththum Ullangai

Aimbulan Saththiya, Dharma Agimsai Shanthi, Premai

Aindhalai Paniyum Olirum Milirngai

Aivaram Tharum Viralidai Thalir Unkai

Agasuththa Karththathvum; Suya Karththathvamae

Egapara Karththathvum; Eedillaa Thaththuvamae

Meigaana Karththathvum; Kuraiyilaa Elakkanamae

Solngaana Karththathvum; Illadha Mannippae

Thaane Paramaagi, Paramae Egamaagiya Anichchaiye

Vaanae Vandhirangi, Vaasal Kaattiya Yenichchaiyae

Maanae, Mayilaagi; Vaaganamaai Ottiya Thanichchaiyae

Kaanae Kadalaagi Nadana Udalaagiya Vilaa

Thavaruthal Yenniyalbu; Mannikkamaattaaya?

Ularudhal Yenniyalbu; Uravaada Maattaaya?

Alarudhal Yenniyalbu; Anaikka Maattaaya?

Ooduthal Yenniyalbu; Samanaakka Maattaaya?

Thandiththalaе Theervendraal Arul Yedharku

Kandiththalaе Thandhaiyendral Anbu Yedharku

Mandiththalaе Aasaanendraal Vilaasam Yedharku

Undiththalaе Kaiyendraal Uyarvu Yedharku

Mugavari Kaattiya Azhivilaa Maarkkamandro?

Agavari Potri Kazhumunai Swaasamandro?

Sagavari Yetriya Samarasamilaa Paasamandro?

Thagavari Eyatriya Nigarilaa Aadalandro?

6. Abirami Andhathiyil Hastham Sakthi

Ulagor Pazhiyilirundhu Vidubada

Thondu Seiyyaathu Nin Paadham Thozhaathu, Thunidhu Echchaiyae
Pandu Seithaar Ularo? Elaro? Apparisu Adiyen
Kandu Seithaal Adhu Kaithavamo? Andri Seithavamo?
Mindu Seithaalum Porukkai Nandrae; Pin Verukkai Andrae.

Nalnadaththaiyodu Vaazha

Verukkum Thagaimaigal Seiyyinum Tham Adiyaarai Mikkor
Porukkum Thagaimai Puthiyadhanrae; Puthu Nanjai Undu
Karukkum Thirumidatraan Edappaagam Kalandhuponnae!
Marukkum Thagaimaigal Seiyyinum, Yaan Unnai Vaazhththuvenae!

Yoganilai Adaiya

Vaazhumpadi Ondru Kandu Kondaen; Manaththe Oruvar
Veezhumpadi Andru, Villum Padi Andru, Velainilam
Yezhum Paruvarai Yettum Yettaamal Eravupagal
Soozhum Sudarkku Naduve Kidanthu Sudargindrathe.

Udal Patru Neenga

Sudarum Kalaimathi Thundrum Sadaimudi Kunderil Ondri
Padarum Parimala Pachchai Kodiyai Padhinthu Nenjil
Edarum Thavirththu Emaippoathu Eruppaar Pinnum Yeithuvaro;
Kudarum Kozhuvum Kuruthiyum Thoyum Kurambaiyilae.

Video Link : <https://youtu.be/iVb8ulEiZMg>

7. Vishnu Sahasranamathil Hastham Sakthi Om..Om..Om..

Om Zoovradhaaya Nama	- Viradhamirunthu Vaazhththubavane Potri
Om Zoomugaaya Nama	- Inbavadiya Mugaththonae Potri
Om Zookshmaaya Nama	- Sookshamam Arindha Amaithiyae Potri
Om Zookoshaaya Nama	- Om Yenum Pranava Naadhame Potri
Om Zoogathaaya Nama	- Nallavargalukku Sugamalippavalaee Potri
Om Zoohrute Nama	- Prathibalan Paaraa Aadharavae Potri
Om Manoharaaya Nama	- Manogara Enakkavarchchiyae Potri
Om Jithakrodhaaya Nama	- Kobaththai Vendravanae Potri
Om Veerabaahavae Nama	- Vedha Dharmam Kaakum Veerabaguve Potri
Om Vidhaaranaaya Nama	- Adharmavaangalai Azhippavanae Potri
Om Swaabanaaya Nama	- Yoganiththirai Arulbavanae Potri
Om Swawazaaya Nama	- Thaniththanmai Konda Prabanjamae Potri
Om Vyaabinae Nama	- Vinnuraiyil Vimarsikkum Nesamae Potri
Om Naikaathmanaee Nama	- Eyarkai Keerththi Aindhil Niyaayam Tharubavanae Potri
Om Naigakarmakruthe Nama	- Panjaboodhaththin Suththa Seyalgalae Potri
Om Vathzaraaya Nama	- Annaiyarul Maraimugamae Potri
Om Vadhazlaaya Nama	- Anudhina Paavamannippu Potri
Om Vathzithe Nama	- Udanadi Thoppu Karaname Potri
Om Rathnagarppaaya Nama	- Thirupaarkadal Arulum Navaratthiname Potri

Om Thaneswaraaya Nama	- Uzhaippin Uyarvaana Selvamae Potri
Om Dharmagubae Nama	- Dharmaththin Thalaivanae Potri
Om Dharmakruthe Nama	- Samooga Kadamai, Kanniyam, Kattupaatuku Madhippalippavanae Potri
Om Dharminae Nama	- Samooganeedhi Marukkappadin Thandanai Tharubavanae Potri
Om Zathe Nama	- Saththiyaththin Anbu Parisu Potri
Om Azathe Nama	- Asatthiyamalladhavatin Samadhaname Potri
Om Ksharaaya Nama	- Maatraththin Angeekaaramae Potri
Om Aksharaaya Nama	- Maatraminmaiyyin Maanbae Potri
Om Avijgaathrae Nama	- Kilaigal Illaadha Niruvanamae Potri
Om Zahasraamzavae Nama	- Aayiram Kaigaludaiyavanae Potri
Om Vidhaathrae Nama	- Thaathaakkalin Thalaimaiye Potri
Om Kruthalashanaaya Nama	- Vizhippunarvu Viththaganae Potri
Om Kabasthinemaye Nama	- Aindhu Viralgalin Swaarasyamae Potri
Om Zaththvasththaaya Nama	- Aanmeega Suyambuvae Potri
Om Zimhaaya Nama	- Simmaasana Sigaramae Potri
Om Boodhamaheswaraya Nama	- Deivangal Vanangum Devanae Potri
Om Aadhithevaaya Nama	- Prathama Harithevanae Potri
Om Mahaathevaaya Nama	- Sirappaana Aimbulanae Potri
Om Devezaaya Nama	- Sarva Mukkiyamae Potri
Om Devapruthkurave Nama	- Indhiranin Edhaya Thudippae Potri

8. Lalitha Sahasranamathil Hastham Sakthi

Kaamyakaa Magalaarobaakadhamba Kuzoomapriya

Kalyaanee Jagathee Kandhaakarunaaraza Zaakaraa

Kalaavathee Kalaalaa Baakaandhaa Kaadhampreepriyaa

Varadhaa Vaa Manayanaa Vaarunee Madha Vihvalaa

Vichvaadhikaa Vedhavedhyaa Vinthyaasala Nivaazinee

Vidhaathreevedhajananee Vishnumaayaa Vilaazinee

Shethrasvaroobaa Shethraesee Shethrashethrajgabaalinee

Kshayavruththi Vinirmukthaa Kshethrabaala Zamarchchithaa

Vijayaa Vimalaa Vanthyya Vandhaaru Jana Vathzalaa

Vaakvaadhinee Vaamakesee Vahnimandala Vaazinee

Bakthimathkalpalathikaa Pasupaasa Vimosinee

Zamhruthaasekshabaashaandaa Zadhaasaarapravarththikaa

Video Link : <https://youtu.be/DtSBLpQStT4>

9. Gandhaguru Kavasathil Hastham Sakthi

Nangarindhu Kondaen Naanum Unatharulaal

Vittida Maatten Skandhaa Veeda Tharulveerae

Nadunettri Thaanaththu Naanunaith Thiyaanippaen

Pramma Mandhiraththai Podhiththu Vandhiduvaai

Suzhumunai Maarkkamaai Jothiyai Kaattiduvaai

Siva Yogiyaaha Enaich Cheithidum Gurunadha

Aasai Arutthu Aranadiyai Kaattividum

Meiyyadi Yaraakki Meiveetil Erutthividum

Kongu Naatilaey Koyil Konda Skandhaguro

Kolli Malaimaelae Kumaraguru Vaanavanae

Kanjamalai Siththar Potrum Kaangeyaa Skandhaguro

Maruthamalai Siththan Magizhdhupani Paramaguro

Sennimalai Kumaraa Siththar Karulvonaey

Sivavaakkiya Siththarulai Sivanmalaiyil Potruvaraey

Pazhaniyil Pogarumae Paarorvaazha Prathishttiththaan

Pulippaani Ziththargalaal Pudaisoozhda Kumaraguro

Kongil Malindhitta Skandha Gurunaadhaa

Kallam Kabadamattra Vellai Yullam Arulveeraey

Kattravargalo Dennai Kalippurach Cheithidumae

Ulagengum Niraindhirunthum Skandhaguru Ulla Edam

Skandhagiri Yenbadhai Naan Kandukondaen Kandukondaen.

Video Link : <https://youtu.be/fO7MD2St1iU>

10. Kandhar Anuboodhi Hastham Sakthi

Adiyai Kuriyaathu Ariyaa Maiyinaal

Mudiya Kedavo? Muraiyo? Muraiyo?

Vadi Vikrama Vel Magibaa, Kuramin

Kodiyai Punarum Kuna Poodharanae. (23)

Koorvel Vizhi Mangaiyar Kongaiyilae

Servaen, Arul Seravum Yennumadho

Soor Verodu Kundru Tholaththa Nedum

Por Vela, Purandhara Poobathiyae. (24)

Video Link : <https://youtu.be/x9sjGNdLHkw>

11. Raahangalil Hastham Sakthi

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Kaangeya Poozhani	Vaagatheeswari	Vaagatheeswari	Soolini

12. Moolamandhiram

Om Ganapathayae Namaha

13. Virutcha Sakthi Pera Nada Vendiya Maram

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Aththi	Thennampillai	Odhiya	Puthraseevi

14. Parigaaram

- Pasumaiyaana Keerai, Pachchaipayaru Pasuvirku Thaanam Seiyyavum.
- Ungal Mugaththai Paalal Kazhuvavum.
- Kuraindhapatcham 7 Nabargalukku Udhaviduga.
- Ungal Vazhipaattirku Yettrapadi Mandhirangalai Paaraayanam Seiyyavum.
- Kovilukku Sendru Swaamiyai Tharisikkavum.
- 2x2 Kannaadi Vaiththu Ungal Mugaththai Paarththu Thiyaanam Seiyyavum.
(Aadi Thiyaanam).
- Natchaththira Kovil **Arulmigu Kirubaa Koobaarechvarar Thirukkoyil,**
Kuththaalam - Kumbakonam.

Aathma Trust (Aathma Lingam)

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