

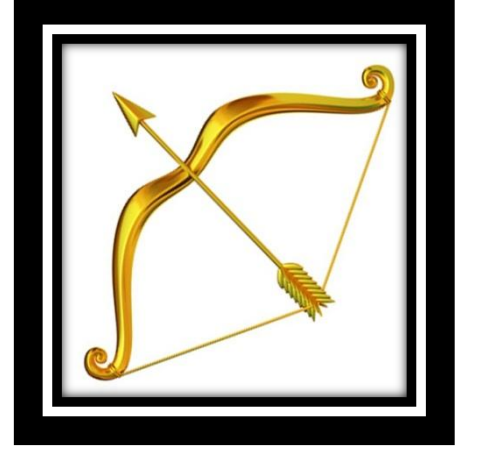
Punarpoosam Nakshatra (Aathma Lingam)

1. Ganapathy Vazhipaadu

Parasivam, Sinmayam, PooraNam,
Sivabogabakyam Paramanithiyam

2. Thirubarutpavil Siva Punarpoosam Sakthi

Paranaadhathatthuvaandham, Sagasa Tharisanam,
Pagirangam, Andharangam.



3. Thiruppavaipaasuram – 25 Punarpoosam Eyalbu

Oruththi Maganaai Pirandhu Oriravil

Oruththi Maganaai Oliththu Valarath

Tharikkilaa Naagith Thaanttheengu Ninaintha

Karuththai Pizhaippiththu Kanjanvayittril

Neruppenna Nindra Nedumaalae Unnai

Aruththithu Vandhom Paraitharuthi Yaahil

Thiruththakka Selvamum Sevagamum Yaampaadi

Varuththamum Theerndhu Magizhdhelo Rembaavaai.

Video Link : https://youtu.be/2OI55xC_qys

Vilakkam :

Magan Ondru, Marai Erandu, Nermarai Kowsalyai, Yedhirmarai Kaikeyi.
Eppadiyaaga Punarpoosam Nakshatramaaha Eru Veru Thatthuvangalukku
Edam Kodutthu Vilangum. Edhaiyae Paasuraththil Selvamum, Sevagamum,
Yendru Erandu Vevveru Nilai Paadugalai Naam Ariya Mudiyum.

Selvaththin Nilai Pagirangamaagum. Selvam Thoongaathu Pagirangamaaga Than Velaiyai Seiyum. Adhu Polavae Punarpoosa Nakshatrakaarargal Pagirangamaana Makkal Thalaivargalaaha Vetri Kaanbaar.

Adhe Neraththil Andharangamaaha Thanith Thaniyaaga Puridhal Unarvudan Sevagam Seithu Makkal Manadhil Neengaatha Edaththai Nilaiyaaga Peruvar.

Neruppena Nindra Nedumaal Tharisanam Theemaiyai Thandikkum, Nanmaiyaai Aaseervadhikkum. Indha Sagasatharisanam Avaravar Yennaththirkerpa Arul Puriyum.

Melum Paranaadhathathuvam Paththu Edangalil Amainthullathu. Kadal Alaigal, Mani Osai, Yaazh, Thumbi, Pullanguzhal, Veenai, Sarppam, Murasu, Salangai, Yaanai Indha Punitha Patthu Esaigalai Parai Tharuthiyaahil Yendra Paasuratthil Yaasikkindrom. Adhai Perum Pozhuthu Varutthaththai Theerkkum.

Orae Magan Erandu Thaaigal, Orae Mugam Erandu Kangal, Orae Manam Erandu Yennangal, Indha Nilaiappaadu Dhaan Orutthi Maganaai Pirandhu, Orutthi Maganaai Valarndhaan. Edhaitthaan Ondrai Andharangam Yendrum, Mattrondrai Pagirangam Yendrum Raamanudaiya Amsam Krishnanidamum Velippadugirathu.

Pagirangam “Neruppena Nindra Nedumaal Karutthai Pizhaippittha” Adhavathu Keduthalgalai Yerpaduttha Koodiya Kamsanukku Kootraaga Amaivaan. Adhe Neraththil Andharangamaaga Unnai Arutthitthu Vandhaal Parai Tharuvaan.

Parai Murasai Thandhuvittaal Thirutthakka Selvamum Sevagamum Yaam
Paadi Varutthamum Theerndhu Magizhndhu Vaazhvom. Punarpoosamae
Varuga! Punarpoosamae Arulga!

4. Vedhaththil Punarpoosam Jothisakthi

Om Boor Buva Swaha (Mettu)

Prajaavruthyaisa Vithmahi

Adhitiputhraaya Theemahi

Viswasya Parthri Theemahi

Thanno Punarvasee Prasodhayath

Naadham Thanilae Deiveegam

Natpu Paaraattum Anukraham

Velippadaiyaana Anugoolam

Virumbiya Perkku Thunaiyaagum

Varunthum Managal Agamagizhum

Vaazhtthum Natpum Inithaagum

Samatthuvam Unnil Andharangam

Sagala Thisaigalum Unaippaadum

Om Sivaya Mae Nama Sivaya Mae

Thrayambakaya Mae Saayi Dhevaya Om

5. Punarpoosam Kavithai

Moongil Pol Koodi Vaazha Niyamangal Yetthanai

Aangil Pol Thatthuvatthil Naadhangal Yetthanai

Yengil Pol Paavikkum Illangal Yetthanai

Paangil Pol Thavikkum Ragasiyangal Yetthanai

.....Kanakkiladangaa

Maraa, Maraa Yendraalum Raama, Raama Yena Varumae!

Mara, Mara Yendraalum Aram, Aram Yena Tharumae!

Sura, Sura Yendraalum Asuran Yena Udan Vadhamae!

Pira, Pira Yendraalum Uravu Yena Udan Padumae!

Nandri Paaraattuvadhil Ninakku Nigar Neeyae

Anbu Seivadhil Manithan – Ninakku Nigar Neeyae

Munbu Yosaniyillaiyeninum Mudintha Nigar Neeyae

Yenbu Thol Portthiya Manamae! Nigar Neeyae

Yemakkelaam Neeyae Elakku; Umakko Elakkilai

Thamakelaam Naadae Elakku; Tharaniyil Manaielai

Jegamelaam Pagiranga Tharisanam; Seedhai Killaiyae

Ulamellaam Raam, Aathmaaraam; Ninatho! Seethaaraam

Punar Arivu, Pudhir Arivu, Punar Arivu, RaamaRaama

Punar Poosam, Pudhiya Nesam, Punar Vaazhvu, RaamaRaama

Punar Paadham, Pudhiya Thesam, Pugal Kaadhai, RaamaRaama

Jegam Pugazhum Punniya Punar Koottam RaamaRaama

6. Abirami Andhathiyil Punarpoosam Sakthi

Ninaittha Kaariyam Niraivera

Pinnae Thirindhu Un Adiyaarai Peni Pirapparukka
Munnae Thavangal Muyandru Kondaen; Mudhal Moovarukkum
Annae! Ulagukku Abiraami Yennum Arumarundhe!
Yennae! Eni Unnaiyaan Maravaamal Nindru Yetthuvanae.

Solvaakkum Selvaakkum Peruga

Yetthum Adiyavar Eerezhulaginaiyum Padaitthum,
Kaatthum Azhitthum Thiribavaraam; Kamazh Poongadambu
Saatthumkuzhal Anangae! Manam Naarum Nindhaal Enaikku En
Naatthangu Punmozhi Yeriyavaaru Nagaiyudatthe.

Mananoi Agala

Udaitthanai Vanja Piraviyai; Ullam Urugum Anbu
Padaitthanai; Patmapadhayugam Soodum Pani Yenakkae
Adaitthanai; Nenjatthu Azhukkai Yellaam Nin Arulpunalaal
Thudaitthanai; Sundhari! Ninnarul Yedhendru Solluvadhe.

Immai Marumai Inbangal Adaiya

Sollum Porulum En Nadamaadam Thunaivarudan
Pullum Parimala Poongodiyae Nin Pudhumalarthhaal
Allum Pagalum Thozhum Avarkkae Azhiyaa Arasum
Sollum Thavaneriyum Sivalogamum Sitthikkumae.

Video Link : <https://youtu.be/iVb8ulEiZMg>

7. Vishnu Sahasranamathil Punarpoosam Sakthi Om..Om..Om..

Om Aavartthanaaya Nama	- Samsaara Sakkaratthil Uzhalbavanae Potri
Om Nivrutthathmane Nama	- Samsaara Neer Theendaathavanae Potri
Om Zamvruthaaya Nama	- Ariyaamaiyil Vitthaiyinmaiyaee Potri
Om Zampramartthanaaya Nama	- Pramaadha Por Naayaganae Potri
Om Aha: Zamvartthagaya Nama	- Eravu Pagal Maatrum Sooriyane Potri
Om Vashnayaee Nama	- Avirpaaga Akni Kaaraniyaee Potri
Om Anilaaya Nama	- Mukthi Prasaadhamarulum Porumaiyaee Potri
Om Tharaneer Tharaaya Nama	- Tharaniyai Thaangum Thisaigalae Potri
Om Zooprasaathaaya Nama	- Nilaiyamillaa Nilaiyaee Potri
Om Prasandnaathmane Nama	- Kalangamilla Paribaalanamaee Potri
Om Viswa Thrushe Nama	- Viswa Kankaanippaalane Potri
Om Viswa Pujae Nama	- Palveru Paaththira Nilaigalae Potri
Om Vibavaee Nama	- Viswatthin Mutthozhile Potri
Om Zathkarthraee Nama	- Payan Tharum Sakravartthiyaee Potri
Om Zathkruthaaya Nama	- Niyaaayatthin Theerppae Potri
Om Zaathavaee Nama	- Anaitthaiyum Ondraakkubavane Potri
Om Jashnavae Nama	- Aathma Payanam Naaraayananaee Potri
Om Naaraayanaaya Nama	- Paramaathmaavai Nokkiya Naaraa Potri
Om Naraaya Nama	- Peyarum, Vadivum Nadai Udai Paavanaiye Potri

Om Asangkyeyaaya Nama	- Kaadhalaal Andri Kooda Kaana Mudiyaathavane Potri
Om Aprameyaathmanae Nama	- Yedhirpaarppillaa Anbu Seyalae Potri
Om Visishtaaya Nama	- Sirappu Vatraadha Viruppam Mudiyaave Potri
Om Sishtakrudhe Nama	- Sattangal Seiyyum Selvamae Potri
Om Zoosayae Nama	- Azhivadhillai Aathmaraagamae Potri
Om Ziththaarthaaya Nama	- Maarilaa Valli Subalaabamae Potri
Om Ziththasangalbaaya Nama	- Mun Nindru Muditthu Udhavum Seyalare Potri
Om Ziththaaya Nama	- Paabavimosanam Arulbavarae Potri
Om Ziththizaathanaaya Nama	- Amoga Vetri Kolaagalamae Potri
Om Vrushaahinae Nama	- Seyalvilaiivu Vattraadha Magimaiyae Potri
Om Vrushabaaya Nama	- Tharmapalan Tharum Thayaalanae Potri
Om Vishnavae Nama	- Prabanjapani Silanthiyae Potri
Om Vrushabarvanae Nama	- Tharmaththai Yetruvikkum Yeniyae Potri
Om Vrushaadharaaya Nama	- Udanpirappu Unartthum Padaiyae Potri
Om Vartthanaaya Nama	- Uramoottum Vattraadha Valarchchi Potri
Om Varththamaanaaya Nama	- Raama Naama Virarivaakka Vilaive Potri
Om Vivikthaaya Nama	- Yedhilum Ottaa Andharangamae Potri
Om Sruthisaakaraaya Nama	- Atchaya Atchara Kadalae Potri

8. Lalitha Sahasranamathil Punarpoosam Sakthi

Kulaanganaakulaanthasthaakowlinee Kulayoginee

Agulaa Zamayaandhasthaa Zamayaasaarathathparaa

Moolaathaaraiga Nilayaaprahmakranthi Vibaethinee

Manipoorantharuthithaa Vishnukranthi Vibaethinee

Aanjaasakraantharaalasthaaruthrakranthi Vibaethinee

Shanuraaraampujaarooda Soothaasaaraabi Varshinee

Thadilladhaa Samarusi Shatchakrobari Samsthithaa

Mahaasakthi Kundalinee Pisathanthu Thaneeyasee

Bavaanee Baavanaakamyaa Bavaaranyakudaarika

Bathrapriyaa Bathramooththirpaktha Sowbaakyathaayinee

Bakthipriyaabakthikamyaaabakthivachyaabayaabahaa

Saambaveesaaradhaaraathyaa Sarvaanee Sarmadhaayinee

Video Link : <https://youtu.be/DtSBLpQStT4>

9. Gandhaguru Kavasathil Punarpoosam Sakthi

Paththu Thikku Thorumenai Parandhuvandhu Rakshippaai

En Sigaiyaiyum Sirasinaiyum Sivaguro Rakshippaai

Nettriyum Puruvamum Ninatharul Kaakkattum

Puruvangaluk Kidaiyae Purushoththaman Kaakkattum

Kangal Erandaiyum Skandhavel Kaakkattum

Naasigal Erandaiyum Nallavel Kaakkattum

Sevigal Erandaiyum Sevarkodi Kaakkattum

Kannangal Erandaiyum Kaangeyan Kaakkattum

Udhattinaiyum Thaan Umaasoothan Kaakkattum

Naakkai Nam Murugan Nayamudan Kakkattum

Parkalai Skandhan Palamkondu Kaakkattum

Kazhutthai Skandhan Kaigalaal Kaakkattum

Tholgal Erandaiyum Thooyavel Kaakkattum

Kaigal Viralgalai Kaarthigeyan Kaakkattum

Maarbaiyum Vayitrayum Vallimanaalan Kaakkattum

Manaththai Murugankai Maaththadithaan Kaakkattum

Hruthayaththil Skandhan Inithu Nilaitthirukkattum

Udharaththai Yellaam Umaimaindhan Kaakkattum

Naabikuhyam Lingam Navaiyudaik Kudhaththodu

Eduppai Muzhangaalai Enaiyaana Kaalgalaiyum

Purangaal Viralgalaiyum Porundhumugar Anaitthaiyumae

Uromath Thuvaara Mellaam Umaibaalaa Rakshipaai

Thol Raththam Majjaiyaiyum Mamsamenbu Medhasaiyum

Video Link : <https://youtu.be/fO7MD2St1iU>

10. Kandhar Anuboodhi Punarpoosam Sakthi

Murugan, Thanivel Muni, Nam Guru Yendru

Arul Kondu Ariyaar Ariyum Tharamo

Uru Andru, Aru Andru, Ulathu Andru, Elathu Andru

Erul Andru, Oli Andru Ena Nindrathuvae. (13)

Kaivaai Kadhivel Murugan Kazhalpettru

Uyvaai, Mananae, Ozhivaai Ozhivaai

Mei Vaai Vizhi Naasiyodum Sevi Aam

Ivaai Vazhi Sellum Avaavinaiyae. (14)

Video Link : <https://youtu.be/x9sjGNdLHkw>

11. Raahangalil Punarpoosam Sakthi

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Sooryagaandham	Hakaambari	Hakaambari	Jangaarathvani

12. Moolamandhiram

Raamaraama Raamaraama Raamaraama Raam

Raamaraama Raamaraama Raamaraama Raam

13. Virutcha Sakthi Pera Nada Vendiya Maram

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Moongil	Malaivembu	Adappa	Nelli

14. Parigaaram

- Pachchai Nirap Pudaivaiyai Dhaanam Seiyyavum.
- Kuraindhapatcham 7 Nabargalukku Udhaviduga.
- Ungal Vazhipaattirku Yettrapadi Mandhirangalai Paaraayanam Seiyyavum.
- Kovilukku Sendru Swaamiyai Tharisikkavum.
- 2x2 Kannaadi Vaiththu Ungal Mugaththai Paarththu Thiyaanam Seiyyavum.
(Aadi Thiyaanam).
- Natchaththira Kovil **Arulmigu Adhideeswarar Thirukkoyil,**
Vaaniyampaadi – Velur.

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