

Thiruvaadhirai Nakshatra (Aathma Lingam)

1. Ganapathy Vazhipaadu

Parasivam, Sinmayam, PooraNam,
Sivabogabakyam Paramanithiyam

2. Thiruvarutpavil Siva Thiruvaadhirai Sakthi

Padana Vedhaantham, Aagamaanthaandham
Nirubaadhigam, Paramasaandham

3. Thiruppavaipaasuram - 2 Thiruvaadhirai Eyalbu

Vaiyaththu Vaazhveergal Naamumnam Paavaikkuch

Seiyyum Kirisaigal Keleero Paarkadalul

Paiyath Thuyindra Parama Nadipaadi

Neiyyunnom Paalunnom Naatkaalae Neeraadi

Maiyit Tezhuthom Malarittu Naammudi Yom

Seiyyaa Thanaseiyyom Theekkuralai Sendrothom

Iyamum Pichchayum Aandhanaiyum Kaikaatti

Uyyumaa Renni Uandhelo Rembaavaai.

Video Link : <https://youtu.be/5mf7gKaMwNc>

Vilakkam :

Vaiyagam Matrum Vaiyagaththil Vaazhbavargal Anaivarum Sivanin Arul
Pera Vendum. Indha Sivan Thiruvaadhiraiyae Aagum. Erukkumpodhu Thiru
Raja, Nakkumpodhu Nadaraja, Viboothiyil Sivaraja, Anuboothiyil Aaruthra.



Yenavae Nonbu Yendru Sonnaal Adhu Odukkam. Adhuvae Pradhosham. Indha Pradhosha Kaalaththil Dhaan;

Neiyyunnom, Paalunnom, Naatkaalae Neeraadi Maiyittezhuthom, Malarittu Naam MudiyoM; Seiyyaadhana Seiyyom Theekkuralai Sendrothom.

Indha Pradhosha Kaalam Thiruvaadhiraiyin Sirappai Namakku Unarththugirathu. Anaiththu Satta Thittangalum, Aagama Vidhigalum Vedha Sooththirangalum Arindha Anbarae Thiruvaadhirai Aagum.

Niroobanam Seivadhilum Yeduththa Katchi Jeyikka Vaippadhilum Yendha Edar Vandhaalum Aththanaiyum Kadanthu Neruppaattril Neendhi...

Iyamum Pichchaiyum Aandhanaiyum Kaikaatti Vetri Thedi Tharubavarae Thiruvaadhirai Aagum. Makkal Sakthi Magaesam Sakthi Yendru Yenni Makkalukku Ugandhaar Pol Thiruvaadhirai Vetri Perum.

Vaiyagam Vaazhavae Aadhirai Nee Thiruvaadhirai Nee, Ulagiyal Naayagan Nee, Sattathittangal Nee, Seiyyum Kirisaigal Nee, Paramanadi Paadalgal Nee, Aagama Vidhigal Nee, Unnaa Nonbugal Nee, Yezhudhaatha Sattangal Nee, Seiyyaadha Seyalgalae Illai Yenbavan Nee, Theerppu Kural Nee.

Yenavae Anaiththu Vedhangalum, Aagamangalum, Vazhakku Vaadhangalum, Parama Saandhangalum Arindhavan Nee, Andi Vandhu Yaasippavarkku Illai Yenaathu Eruppathai Kodukkum, Vaiyaththu Vaiththiyan Nee, Vaiyaththu Vazhakkaringar Nee, Vaiyaththu Vaazhvaangu Vaazhbavan Nee.

Unadhu Vaazhvilae Neiyyundu, Unathu Nonbilae Neiyillai. Unathu Paruvaththil Paalundu, Unathu Nonbilae Paal Illai. Unathu Vaazhvilae

Maiyundu, Vazhakkilae Maiyillai. Unathu Naattilae Malarundu, Kaattilae Malarillai. Unathu Bodhaththil Narkural Undu, Unathu Vaadhaththil Tholvi Illai. Yenavae Uththama Vaazhvircku Ugandha Vazhigal Thiruvaadhiraiyae. Thiruvaadhiraiyae Varuga! Thiruvaadhiraiyae Arulga!

4. Vedhaththil Thiruvaadhirai Jothisakthi

Om Boor Buva Swaha (Mettu)

SwetharNyai Vidhmahae

Sudhagaraayai Theemahi

Swayamae Praswai Theemahi

Thanno Aswini Prasodhayath

Parasugamae Ananthamae

Sidhanandhamae Meipporulae

Yegandhamae Nal Sathiyamae

Yetra Thudhiyae Namu Namu

Inaitha Uruve Iyalvadi

Ninaindha Thattoli ukamae

Eerudal KoNda Thaaragayae

Thanmaya Aswini Namu Namu

Om Sivaya Mae Nama Sivaya Mae

Thrayambakaya Mae Saayi Dhevaya Om

5. Thiruvaadhirai Kavithai

Vedhangal Solvadhūm Seivadhūm Aadhiraiyae

Aagama Vidhigalum, Madhigalum Nin Seyalmaraiyae

Ubanidathangal Un Malaiyae; Anbin Aayakalaiyae

Niroobanangal Nin Vaadhamae Naayanmaargalin Naayaganae

Anbae Sivam; Aaruthramae Tharisanam

Aariya Kooththaayinum Kaariyaththil Jeyam

Erakkamadhil Ethayam Thottu Pazhakkam

Ulagamavar Yevaraayinum Uyir Kaappavar

Sivasakthi Yena Magalirukkum Samaanam

Deva, Asurarena Maatranukkum Sanmaanam

Samaneethi, Subaneethi, Eyarkai Needhiyil Aanandham

Andhangal Aarum Thavajam Katti Aadum Mangalam

Thillumullu Yendraalum Thagida Thatthanam Pesum

Allu – Kollu Yendraalum Adippadaiyil Varum Kobam

Vetri Vel Yena Yeppodhum Nirandhara Rasigar Thaabam

Siththam Pokku Sivam Pokkenavae Oor Suttrum

Aadalum, Paadalum Oliyum Oliyum Pola

Aayakalaigalum Naadhavinthu Kalaviyalum Pola

Aadhavan – Koottamum Naattamum Konaathe Pola

Attadhikku Paalagarum Kaikatti Sevagam Pola

6. Abirami Andhathiyil Thiruvaadhirai Sakthi

Ambigaiyai Vazhipadaamal Erundha Paavam Tholaiya

Mangalai! Sengalagam Mulaiyaal! Malaiyaal! Varunach
Changalai Sengai! Sagalakalaamayil! Thaavugangai
Pongu Alaithangum Purisadaiyon Pudaiyaal! Udaiyaal!
Pingalai! Neeli! Seiyyaal! Veliyaal! Pasum Porkodiyae.

Eni Piravaa Neri Adaiya

Kodiyae! Elavanji Kombae Yenakku Vambae Pazhuththa
Padiyae! Maraiyin Parimalamae! Panimaal Emaya
Padiyae! Praman Mudhalaaya Dhevarai Petra Ammae!
Adiyaen Erandhu Ingu Inippiravaamal Vandhaandu Kollae.

Yeppodhum Magizhchchiyaai Erukka

Kollaen Manaththil Ninkolam Allaathu; Yenbar Koottam Thannai
Villaen; Parasamayam Virumbaen; Viyan Moovulagukku
Ullae, Anaiththinukkum Purambae Ullaththae Vilaindha
Kallae! Kalikkum Kaliyae Aliya En Kanmaniyae.

Noigal Vilaga

Maniyae! Maniyin Oliyae! Olirum Manipunaindha
Aniyae! Aniyum Anikku Azhagae! Anugaadhavarkku
Piniyae! Pinikku Marundhe! Amarar Peruvirunthe!
Paniyaen Oruvarai Nin Pathmapaadham Panintha Pinnae.

Video Link : <https://youtu.be/iVb8ulEiZMg>

7. Vishnu Sahasranamathil Thiruvaadhirai Sakthi Om..Om..Om..

Om Mareesayae Nama	- Mattravarai Mayakkum Maareesanae Potri
Om Thamanaaya Nama	- Yeththargalin Yemadharmanae Potri
Om Hamsaaya Nama	- Samsaara Saaharaththil Annapparavaiye Potri
Om Soobarnaaya Nama	- Dharma, Adharma Eruvazhiyae Potri
Om Pujakoththamaaya Nama	- Pujangalin Paambanaiyae Potri
Om Hiranyanaabaaya Nama	- Harihara Naabiyae Potri
Om Soothabasae Nama	- Nara Naaraayananae Potri
Om Bathmanaabaaya Nama	- Thaamarai Vayitronae Potri
Om Prajaapathayae Nama	- Prajaigalin Thandhaiyae Potri
Om Amruthyavae Nama	- Maranamillaa Peruvaazhvae Potri
Om Zarvathrusae Nama	- Orappaarvaiyil Jeevan Kaappavanae Potri
Om Zimhaaya Nama	- Eyalbin Kanavae Potri
Om Zandhaththe Nama	- Jeevan Mukthanin Naadagamae Potri
Om Zandhimadhe Nama	- Ulagiyalin Thiruvilaiyaadalaе Potri
Om Sthiraaya Nama	- Maatramillaa Sthiraththanmaiyaе Potri
Om Ajaaya Nama	- Asura Yennagalin Virattidum Veeramae Potri
Om Dhurmarshanaaya Nama	- Asurargalin Pagaimaiyaе Potri
Om Zaasthrae Nama	- Vedhangalin Nadaiyalangaaramaе Potri
Om Visruthaathmanae Nama	- Sathyam, Ngaanam Nadaimurai Naayagane Potri

Om Sooraariknae Nama	- Dhevargalin, Soorargalin Yedhirigalai Azhippavanae Potri
Om Guruvae Nama	- Guru Bagavaane Potri
Om Gurudhamaaya Nama	- Anandha Guruvae Potri
Om Thaamnae Nama	- Peroliyae Potri
Om Sathyaaya Nama	- Saththiya Aanandhamae Potri
Om Sathyaparaakramaya Nama	- Thorkaadha Veeramae Potri
Om Nimishaaya Nama	- Yoga Niththiraiyae Potri
Om Animishaaya Nama	- Yoga Vizhippunilaiyae Potri
Om Srakveenae Nama	- Vaijeyandhi Maalaavae Potri
Om Vaasaspadhayae Udhaaradhiyae Nama	- Vaarththaiyum, Vaarppum Neeyae Potri
Om Akranyae Nama	- Mukthi Thedalin Munaippae Potri
Om Kraamanyae Nama	- Graama Sabaiyin Kattalaiyae Potri
Om Srimadhae Nama	- Anaiththu Selva Seemaanae Potri
Om Nyaayaaya Nama	- Athvaitha Niyaayamae Potri
Om Nethrae Nama	- Parinaama Valarchchiyae Potri
Om Zameeranaaya Nama	- Seyal Uyirae Potri
Om Zahasramoorthnae Nama	- Aayiram Thandhiramae Potri
Om Visvaathmanae Nama	- Viswaathmaavae Potri
Om Zahasraakshaya Nama	- Aayiram Yezhuththae Potri
Om Zahasrabathe Nama	- Aayiram Nadaiyae Potri

8. Lalitha Sahasranamathil Thiruvaadhirai Sakthi

Mahaaganesa Nirppinna Viknayanthrapraharshithaa
Pandaaseerenthra Nirmukthasasthraprathyasthra Varshinee

Karaanguli Nagothpanna Naaraayanasaakruthi
Mahaa Paasu Padhaasthraakni Nirthakthaasoora Sainikaa

Kaamechvaraasthra Nirthaktha Sabandaasoorasoonyakaa
Prahmopendthra Mahendthraathi Deva Samsthuthavaibavaa

Hara Nethraakni Zandhakthakaama Zanjeevanoushathi
Srimathvaak Bavakoodaikasvarooba Muga Pangajaa

Kandaathakadi Paryandha Mathyakooda Swaroobinee
Sakthi Koodaikadhaa Panna Katyadho Paga Dhaarinee

Moolamandthraathmigaa Moolakoodathrayakalevaraa
Kulaamrudhaiga Rasikaa Kulasangethabaalinee

Video Link : <https://youtu.be/DtSBLpQStT4>

9. Gandhaguru Kavasathil Aswini Sakthi

Skandha Gurunaathaa Kadharugiraen Kaettiduvaai

Thaalinaididiththen Thandhidu Varamenakku

Thiruvarut Sakthiyai Thandhaat Kondiduvaai

Sathru Pagaiyargalai Shanmugaa Ozhiththittu

Kizhakku Thisaiyilirundhu Krubaakaraa Kaappaattrum

Thenkizhakku Thisaiyilirundhu Dheenabandho Kaappaattrum

Thenthisaiyilum Ennai Thiruvarulaal Kaappaattrum

Thenmerkilum Ennai Thiralvelaal Kaappaattrum

Merkkuth Thikkil Ennai Maalmarugaa Rakshipaai

Vadamerkilum Ennai Mayilonae Rakshipaai

Vadakkil Ennai Kaappaatra Vandhiduveer Zathguruvaai

Vadakizhakkil Enakkaaga Mayilmeedhu Varuveerae

Video Link : <https://youtu.be/fO7MD2St1iU>

10. Kandhar Anuboodhi Thiruvaadhirai Sakthi

Koogaa Ena En Kilai Koodiazha

Pogaa Vagai, Meipporul Pesiyavaa

Naagaasala Velava Naalu Kavith

Thiyaagaa Suraloga Sigaamaniya. (11)

Semmaan Magalai Thirudum Thirudan

Pemmaan Murugan, Piravaan, Eravaan

Summa Eru, Sol Ara, Endralumae

Amma Porul Ondrum Arindhilanae. (12)

Video Link : <https://youtu.be/x9sjGNdLHkw>

11. Raahangalil Thiruvaadhirai Sakthi

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Vagulaa Paranam	Maayamaalavakowlaa	Sakravaaham	Sakravaaham

12. Moolamandhiram

Om Namasivaya Sivayanama

13. Virutchha Sakthi Pera Nada Vendiya Maram

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Sengarungaali	Vellai	Vellerukku	

14. Parigaaram

- Naaigalukku Unavidavum.
- Kaalnadaigalukku Unavidavum.
- Kuraindhabatcham 7 Nabargalukku Udhaviduga.
- Ungal Vazhibaatirku Yetrabadi Mandirangalai Paaraayanam Seiyavum.
- Kovilukku Sendru Swamiyai Tharisikkavum.
- 2x2 KaNNaadi Vaithu Ungal Mugaththai Paarthu Dhiyaanam Seiyavum.
(Aadi Dhiyanam).
- Nakshathra Kovil **Arulmigu Abayavaratheeswarar Thirukkovil**,
Thiruthurai Poondi, Thiruvaarur.

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