

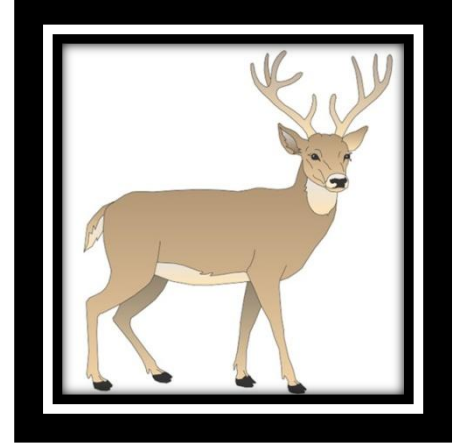
Mirgasirsa Nakshatra (Aathma Lingam)

1. Ganapathy Vazhipaadu

Parasivam, Sinmayam, Pooranam,
Sivabogabakyam Paramanithiyam

2. Thiruvarutpavil Siva Mirugasirsa Sakthi

Parisayaadheetam, Suyamsadhothayam, Varam,
ParamaarththaMukthaMounam



3. Thiruppavaipaasuram Sakthi – 23 Mirgasirsa Eyalbu

Maari Malaimuzhainjil Manni Kidanthurangum

Seeriya Singam Arivuttruth Theevizhiththu

Vaeri Mayirponga Yeppaadum Perndhuthari

Moori Nimirndhu Muzhangi Purappattu

Podharumaa PolaNee Poovaippoo Vannaa Un

Kovilnindru Inganae Pondharuli Koppudaiya

Seeriya Singaa Sanaththu Erunthu Yaamvandha

Kaariyam Aaraaind dharulaelo Rembaavaai.

Video Link : https://youtu.be/gQmzSAe_nO8

Vilakkam:

Seeriya Singaasanaththilirundhu Varam Alikkum Miruga Seerishameyaam
Vandha Kaariyam Aaraainthu Arula Umakkae Thaguthiyaagum. Ingae Seeriya
Singaasanam, Thiru Vengadavan Edhaya Kamalamae Aagum. Indha Edhaya
Kamalaththilirukkum Miruga Seeridam Nakshatrakaarargal Kaliyugaththil

Varam Pettravargalaavaargal. Evargaludaiya Anudhina Aaraaichchigal Ner Nokkamaai Amaindhu Arasanaiyum, Yedhirththu Kelvi Ketkkach Cheiyyum.

Varamaai Pettra Palgi, Perugiya Sugangal Anaiththum Evarai Thaanaagavae Naadiyum, Thediyum Varum. Adhe Neraththil Suyanjothimayamaga, Adhaavathu Suyamaaga, Adhaavathu Yendha Sibaarisugalum Illai, Suyamaaga Purappaduvathai Paasuraththil Evvaaru Kaangirom.

“Seeriya Singam Arivuttruth Thee Vizhiththu Vaerimayir Ponga Paadugal Palapattu Oori Nimirndhu Vanangaamudiyai, Muzhangi Purappaduthalaeyaagum.”

Yenavae Kaattilulla Singaththirckku Sibaarisu Illai. Urakkaththil Erukka Koodaathu Enbadhe Nibandhanai.

Parichchayangal Viyaththagu Vilaivugali Podharumaa Pola Poova Poovannamaaga Vazhanga, Valara, Vasikka Arpudhangalai Mirugaseeridam Anubavikkum. Yenavae Manidhaneyam Malara Miruga Kunam Maraindhu Manidhan Deivamaagum.

Seeriya Singaasanam Mirugaseerida Nakshatraththirckku Varamaaga Thedivarum. Padhavi, Padhavi Ena Alaiyamaatteergal. Suyamaana Uzhaippin Kaaranamaaga Yendha Vidhamaana Parindhuraiyum Illamal Kaattu Rajaavaaga Singam Thigazhvathu Pola Naattilum, Nagaraththilum, Oorilum, Veettalum Rajaavaaga Uyar Padhaviyil Nirvaagam Seiveergal.

Indha Seerum Singam Arivuruththee Vizhiththu Vaerimayir, Ponga Yeppaadum Perndhari, Moori Nimirndhu, Muzhangi Purappattu, Ketkkum Kelvigal Thavirkka Mudiyaadhathaagum. Yenavae Kelvigal Ketkavillai Yendraal, Indha Singaththin Thalai Sidharividum. Aanaalum Paarppadharkku

Podharumaana Polae, Nee Poovai Poovannan Pol Paramaarndha Muktha
Mounam Pola Kaatchiyalippaar.

Neeveer Umathu Edam Vittu Yemmidam Parichchayappattu Azhagu
Mikka Ariyanaiyil Amarndhu Yedhai Naadi Ogki Nirikkirom Yendru
Aaraaindhu Aaraaichchiyin Uchchikku Sendru Ulagiyal Udhavigalai Seibavar
Neengal. Yenavae Sirandha Nermaiyaalan, Miguntha Uzhaippaalan, Parandha
Needhimaan. Mirugaseeridamae Varuga! Miruga Seeridamae Arulga!

4. Vedhaththil Mirgasirsa Jothisakthi

Om Boor Buva Swaha (Mettu)

Sasisegaraaya Vidhmahae

Mahaaraajaaya Theemahi

Prajaa Yejamaana Theemahi

Mirugaseerisha Prasodhayath;

Arupudhamaana Aaivu Nilai

Virpannar Tham ThuNaiyaagum

Parichchayam KoNda Anbarukku

Parisaai Amaindhathu Undhan Thunai

Uzhaippavar Uyarvaar Yendrapadi

Ulagor Yaarkkum Undhanvazhi

Varamae Tharum Nal Vazhakkappadi

Vaazhvil Uyarvaar Namu Namu;

Om Sivaya Mae Nama Sivaya Mae

Thrayambakaya Mae Saayi Dhevaya Om

5. Mirugaseeridam Kavithai

Vilakkelaam Vilakkalla; Poyyaa Vilakkae!

Suyam Yellaam Suyamalla; Suyambaana Udhayamae!

Varam Yellaam Varamalla; Eyarkai Varamae!

Parichchayamelaam Theetchaiyalla; Adheedhamaana Paarvaiyae!

Aathmaarththa Anugumuraigal Aayiramundu

Aanaal Paramaarththa Anugumurai Ninathe!

Arivaarndha Seyalmuraigal Anegamundu

Aanaal Vinaimaana, Koormaigal Ninathe!

Managalin Maayaigalil Mandhiramundu

Aanaal Manamarindhu, Panamarindhu, Mudintha Mudivae!

Vaarppukalil Valaivirunthalum Varamaaga Thigazhbavalaе!

Thaakkamae Thanthu Thalarvarindhaalum

Porumaiyilum Koottani Erunthaalum

Chinnachinna Sinungal Edaivarinum

Mounamae Nirandhara Vetri Yena Velbaval Nee!

Vaira Nenjam Vaiyagaththin Yellaa Nalangatkaagavae!

Vaira Nagaigal Vaippellam Thaana Tharmam Kaakkavae!

Vaira Varigal Vaarppadhellam Meiyyaana Manangaakkavae!

Vaira Eruppu Mukthiyendraal Mounamaana Vetrikkaagavae!

6. Abirami Andhathiyil Mirgasirsa Sakthi

Kannihaihalukku Nalla Varan Amaiya

Adhisayamaana Vadivudaiyaal, Aravindhamellaam

Thuthisaya Aanana Sundharavalli, ThuNaierathi

Padhisayamaanathu Abasayam Aaga Mun Paarththavar Tham

Madhisayamaaga Andro Vaamapaagaththai Vavviyadhae.

Marana Bayam Neenga

Vavviya Baagaththu Eraivarum, Neeyum Magizhdirukkum

Sevviyum, Ungal Thirumanakkolamum Sindhaiyullae

Avviyam Theerththennai AaNdaporpaadhamum Aagivandhu

Vevviya Kaalan Enmelvarum Podhu Velinirkavae.

Perinba Nilaiyadaiya

Velinindra Nin Thirumeniyaippaarththen Vizhiyum Nenjum,

Kalinindra Vellam Karai KaNdathillai; Karuththinullae

Theelinindra Ngaanam Thigazhgindrathu Yenna Thiruvulamo?

Olinindra KoNangal Onbathum Mevi Uraibavalaе.

Veedu Vaasal Mudhaliya Selvangal Undaaga

Uraigindra Nin Thirukkoyilil Ninkelvar Orupakkamo?

Araigindra Naanmaraiyin Adiyoy? Mudiyo? Amudham

Niraigindra VeNthingalo? Kanjamo? Yendhan Nenjamo?

Maraikindra Vaaridhiyo? PooraNaasala Mangalaiyaе.

Video Link : <https://youtu.be/iVb8ulEiZMg>

7. Vishnu Sahasranamathil Mirgasirsa Sakthi Om..Om..Om..

Om Ubaendhraaya Nama	- Indhiranin Elavalae Potri
Om Vaamanaaya Nama	- Vaamananae Potri
Om Praamsavae Nama	- Uyarndhavanae Potri
Om Amogaaya Nama	- Suyamaana Sudarae Potri
Om Soosayae Nama	- Pudampotta Thangamae Potri
Om Oorjithaaya Nama	- Alavilaa Aatralae Potri
Om Adheenthraaya Nama	- Aadhi Indhiranae Potri
Om Sangkrahaaya Nama	- Prabanjaththin Thunaikkolae Potri
Om Sarkaaya Nama	- Aakkalin AakarshaNamae Potri
Om Thrudhaathmanae Nama	- Pirappirkkappaarpatta Maatramilla Eyarkaiyae Potri
Om Niyamaaya Nama	- Niyamanangalin Nirnayamae Potri
Om Yamaaya Nama	- Mattravaigalin Mudivuraiyae Potri
Om Vedhyaaya Nama	- Motchatthin Vizhippunarvae Potri
Om Vaithyaaya Nama	- Arivugalin Kalaigalae Potri
Om Sadhaayoginae Nama	- Anubavatthin Anuboothiyae Potri
Om Veeraknae Nama	- Asurargalai Vendra Veeranae Potri
Om Maadhavaaya Nama	- Maadhavanae Potri
Om Madhavae Nama	- Theninum Enikkum Suvaiyae Potri
Om Adheetthriyaaya Nama	- Indhiriyangal Ariyaadha Unarvae Potri
Om Mahaamaayaaya Nama	- Mahaa Maayaiyae Potri
Om Mahothesaahaaya Nama	- Mahaa Aakkamae Potri
Om Mahaabalaaya Nama	- Mahaa Balamae Potri
Om Mahaabuththaaya Nama	- Mahaa Ngaanamae Potri
Om Mahaaveeraaya Nama	- Mahaa Veeryamae Potri
Om Mahaasakthayae Nama	- Mahaa Sakthiyae Potri
Om Mahaathyudhayae Nama	- Mahaa Ulveliyukthiyae Potri

Om Anirthesyavabushe Nama	- Pulappadaatha Punniya Porulae Potri
Om Srimadhe Nama	- Sirappin Sirappae Potri
Om Ameyaathmanae Nama	- Alavida Mudiyaatha Nunnarivae Potri
Om Mahathri Thrushe Nama	- Villaadhi Villaalanae Potri
Om Maheebarthrae Nama	- Pralaya Kaala Ulagai Kaapavanae Potri
Om Srinivaasaaya Nama	- Srinivaasanae Potri
Om Sathaangathayae Nama	- Punitha Maaberum Punithame Potri
Om Aniruththaaya Nama	- Thadaiyilaa Thannigarae Potri
Om Sooraanandhaaya Nama	- Aanandha Swaramae Potri
Om Govindhaaya Nama	- Vindhai Govindhamae Potri
Om Govindhaambadhayae Nama	- Vaarththaigalin Viththaiyae Potri

8. Lalitha Sahasranamathil Mirgasirsa Sakthi

Sambathkaree – Samaarooda – Zindhura – Sevithaa

Aswaaroodaathishtithaachva – Kodi – Kodibi – Raavruthaa

Sakraraaja – Radhaarooda Sarvaayudhaparishkrudhaa

Keyasakraradhaarooda Manthrinee Parisaevidhaa

Kirisakraradhaaroothandanaadhaa Puraskrudhaa

Jwaalaamaalinikaakshaphavahni Praakaaramathyakaa

Pandasainyavathothyukthasakthi Vikramaharshithaa

Nithyaa Praakramaadoba Nireekshana Samuthsookaa

Pandaputhravadhothyukthabaalaa Vikramanandhithaa

Mandhthrinyamba Virasitha Vishanga Vadha Thoshithaa

Visukrapraanaharanavaaraasheevyanandhithaa

KaamechvaramugaalogakalpithaSriganachvaraa

Video Link : <https://youtu.be/DtSBLpQStT4>

9. Gandhaguru Kavasathil Mirgasirsa Sakthi

Sadhurmarai Potrum Shanmuga Naadhaa

Aagamam Yeththum Ambigai Pudhalvaa

Yezhaiyai Kaakka Nee Velendhi Vandhiduvaai

Thaayyai Thandhaiyaa Murugaa Thakkanam Nee Varuvaai

Sakthiyum Sivanumaaich Chaduthiyil Nee Varuvaai

Paramporulaana Paalanae Skandhaguro

Aadhimoolamae Arulvaai Uruvaai Nee

Adiyanai Kaaththida Arivaai Vandharulvaai

Ulloliyaa Murugaa Udanae Nee Vaa Vaa Vaa

Dhevaathi Dhevaa Sivaguro Vaa Vaa Vaa

Velaayudhaththudan Kumaraa Viraivil Nee Vandhidappaa

Kaanbana Yaavumaai Kankanda Deivamaai

Vedha Chudaro Meikkanda Deivamae

Miththaiyaam Eevulagai Viththaiyendru Arindhidachei

Abayam Abayam Skandhaa Abayamendru Alarugiren

Amaithiyai Vendi Arumugaa Vaavendren

Unthunai Vendinaen Umaiyaval Kumaraa Kael

Achcham Agattriduvaai Amaithiyaa Thanthiduvaai

Vendiyathu Unnarulae Arulvathu Un Kadanaeyaam

Un Arulaalae Unthaal Vanangittaen

Ashtama Siththikalai Adiyanukku Arulidappaa

Ajabai Vazhiylae Asaiyaamal Eruththividu
Siththargal Potridum Ngaanasiththiyum Thandhuvidu
Sivaanandha Thenil Thilaththidavae Seithuvidu
Arul Oli Kaatchiyai Agaththullae Kaattividu
Arivai Arindhidum Avvarulai Nee Thandhuvidu
Anukkrakiththiduvaai Aadhigurunaadhaa Kael
Skandhaguru Naadha Skandhaguru Naadha
Thaththuvam Marandhu Thannaiyum Naan Marandhu
Paava Punniyaththodu Paralogam Marandhidachei
Arul Velivittu Evanai Agalaathu Eruththiduvaai
Adimaiyai Kaaththiduvaai Aarumuga Skandhaguro
Siththiyilae Periya Ngaanasiththi Nee Arula
Seekkirmae Varuvaai Sivaanandham Tharuvaai
Sivaanandham Thandharuli Sivasiththar Aakkiduvaai
Sivanaippol Yennaich Cheithiduvathu Un Kadanae
Sivasath Gurunaadha Sivasath Gurunaadhaa

Video Link : <https://youtu.be/fO7MD2St1iU>

10. Kandhar Anuboodhi Mirgasirsa Sakthi

Mattoor Kuzhal Mangaiyar Maiyal Valai
Pattu, Oosalpadum Parisu Yendru Ozhiven?
Thattu Oodu Ara Vael Sayilaththu Yeriyum
Nittoora Niraagula, Nirbayanae. (9)

Kaar Maa Misai Kaalan Varil, Kalabath

Ther Maa Misai Vandhu, Yedhira Paduvaai

Thaar Maarba, Valaari Thalaari Yenum

Soormaa Madiyath Thoduvae Lavanae.(10)

Video Link : <https://youtu.be/x9sjGNdLHkw>

11. Raahangalil Mirgasirsa Sakthi

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Roobaavathi	Roobaavathi	Kaayakapriya	Vagulaa Paranam

12. Moolamandhiram

Om Steem Hreem Im Mahaalakshmyai

Kamalathaarinyai Zimha Vaahanyai Nama:

13. Virutcha Sakthi Pera Nada Vendiya Maram

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Karungaali	Achchaa	Veppa	Neerkadambu

14. Parigaaram

- Neithaanam Seiyyavum.
- Vasththarathanam Seiyyavum.
- Kuraindhapatcham 7 Nabargalukku Udhaviduga.
- Ungal Vazhipaattirku Yetrapadi Mandhirangalai Paaraayanam Seiyyavum.
- Kovilukku Sendru Suvaamiyai Tharisikkavum.

- 2x2 Kannaadi Vaiththu Ungal Mugaththai Paarththu Thiyaanam Seiyyavum.
(Aadi Thiyaanam).
- Natchaththira Kovil **Arulmigu Aadhinaaraayana Perumaal Thirukkovil**,
Enkan – Thiruvarur.

Aathma Trust (Aathma Lingam)

Regd. No : 96/19

33. Kosalai, Girivalam,

Thiruvannamalai – 600 501.

Website : www.aathmanakshtra.org

www.yaasha.in

Email : jhohumm@gmail.com

youtube : [aathmanakshatra](https://www.youtube.com/aathmanakshatra)