

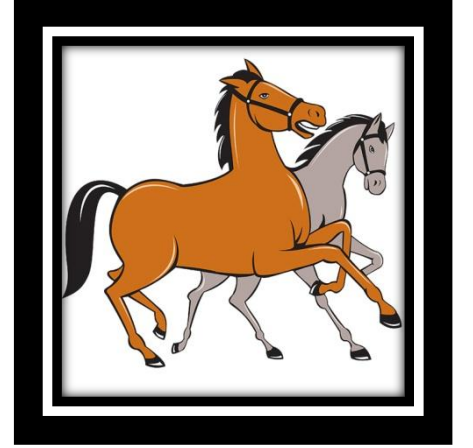
Aswini Nakshatra (Aathma Lingam)

1. Ganapathy Vazhipaadu

Parasivam, Sinmayam, PooraNam,
Sivabogabakyam Paramanithiyam

2. Thirubarutpavil Siva Aswini Sakthi

Parasugam, Thanmayam, Sachidhanandham
Meiparama Yegaandha nilaiyam



3. Thiruppavaipaasuram Sakthi – 20 Aswini Eyalbu

Muppaththu Moovar Amararkku Mun Sendru

Kappam Thavirkkum Kaliyae! Thuyilezhaai

Seppamudaiyaa! Thiraludaiyaa! Setraarkku

Veppam Kodukkum Vimala! Thuyilezhaai

Seppanna Menmulaich Chevvaich Chirumarungul

Nappinnai Nangaai! Thiruvae! Thuyilezhaai

Ukkamum Thattoliyum Thandhu Un MaNaalanai

Ippodhe EmmaiNee raattae lor Rembaavaai.

Video Link : <https://youtu.be/IMeMLgINkPs>

Vilakkam :

Ukkamum, Thattoliyum Ulagileyae Thedalin Ragasiya Vazhimurai Yendru
Parai Saatruvadhe Aswini Nakshatrathin Thaniththanmaiyaagum.

Ukkam Yendral Parasugamalikkum PiraaNanai Nokkum Vaayukalaiyai
Visiriyaaga Paasuraththil Kaatta Petrullathu.

Thanmayaththai Thattoliyindrae (MIRRORING) Satchidhanandha Nilaiyai Ariya Murpadum Aswini Vaazhviyal Paarattukkuriyathu.

Thanmayam Yenbathu KaNavan, Manaivi, Uttrar, Uravinar Sutramum, Natpu Yevarumindri, Yaarudaiya ThuNaiyumindri, Thanakku Thanae Aanandhamaga Eruppathu Thattoliyaal Mattumae Saathiyamaagum. Indha KaNNaadi Payirchiyil Aarambithu Thannullae Saththiyaththai Saththaga, Siththaga, Aanandhamaaga Muzhumaiyil Satchidhaanandhamaaga Udalil KaaNum Selvamudaiyaai, Thiranudaiyaai, Veppamudaiyaai, Aswiniyaagum.

Indha Yegaandha Nilaiyaththai, Meiparama Sugaththai KoNda Aswini Nakshatradhaarargal Yendha Edaiyooruggalaiyum, Innalgalaium Yedhir Kollum NivaraNath Thanmai KoNdavargalavaargal.

Enave, Puramaruthuvam Evargalukku Thevaiyillai. Aga Maruththuvaththin ThuNaiyudan Agam Prammaasmiyaaga Melum Agam Smaraamiyaaga (HEALING) Vilangum.

Muppaththu Moovarukkum Palapala Vazhigal Munnal Sendralum, Kappam Thavirkkum Vazhi Unakku Mattumae Therium.

Nermaiyum, Thiramaiyum Udaiya Gaandha Sakthi, Yegaandhamaai Palgi Paravi Unnil Velippaduvadhil Unathu Udal, Ullam, Uyir Anaiththum Oruvidhamana Dheivaththanmaiyaai Velippaduththum. Enave Indha Thejasai Sollavae Ne Veppam Kodukkum Vimalanaanaai.

Saththiyam, Sithiyam, Aanandham Evai Moondrum Nappinnaikkae Sondham. Mellidai, Melaadai, SiruvaNNam Konda Suyambu Thanmayamae Ninathu Sugam Mayamaagum. Indha Suya Pragaasaththai KaaNavae KaNNaadi Payirchi.

Agam Prammaasmiyamaaga Parasugam KaaNum NuNukkam Unakku
Mattumae Saathiyamaagum.

Enavae Visiriyum, KaNNaadiyum Sugaththai Membaduththa Eraivan
MaNaalanaaga Unnai Thedivarugiraar. Indha Meipparama Yegandha Nilaiyam
Ulagam Ullavarai Unakkae Sondham. Aswiniyae Varuga! Aswiniyae Arulga!

4. Vedhaththil Aswini Jothisakthi

Om Boor Buva Swaha (Mettu)

SwetharNyai Vidhmahae

Sudhagaraayai Theemahi

Swayamae Praswai Theemahi

Thanno Aswini Prasodhayath

Parasugamae Aananthamae

Sidhanandhamae Meipporulae

Yegandhamae Nal Sathiyamae

Yetra Thudhiyae Namu Namu

INaidha Uruve Eyalvadi

Ninaindha Thattoli ukamae

Eerudal KoNda Thaaragayae

Thanmaya Aswini Namu Namu

Om Sivaya Mae Nama Sivaya Mae

Thrayambakaya Mae Saayi Dhevaya Om

5. Aswini Kavithai

Thanmayamaadhal Unakkiyalbu

Aanandhamae Adhan Vilaivu

Sath – Sith – Aanandhame Un Esaivu

Meipparama Yegaandhamae Adhan Vilaivu

Parasugamae Nilaiippaadu; Than Sugamae Pakka Vilaivu

Nadam Puriyum Vazhipaadu Karpiththalaе Alavu

Anbudan KaruNai Pozhiya Asupathi Paasam

Aadamparame, Aasiriyarae, Maruththuvarae Potri

Meisugam Yaadhenil, Nirandhara Azhagi Neeyae

Eyalbaana NivaaraNam Ninakkazhagu

Eraivaa Azhagu Meiyazhagae Yenil

Adhai Unnil KaaNavae Meiparama

Yegaandha Nilaiyamaai Pettrai Nee Vaazhga

Thattoli dhaanae? KaNNaadi Payirchi

Adhu Yennaalumae Unakkenavae Malarchi

Pattoli Dhanae? Padapadavena Valarchi

Ethu Unakkenavae Mattravarkku Tharum Kavarchi

Vattoli Dhanae? Vandhadhena Varavirukkum Kazharchi

Vara Vara Ethuvae Noi Theerkkum Mattattra Magizhchi

Nattoli Dhanae? Nadunaayagathil Neetharum Azharchi

Ayarndhalum Peyarndhalum Maraindhalum Ethuvae Kazharchi

6. Abirami Andhathiyil Aswini Sakthi

Gaanamum Nalvithaiyum Pera

Udhikkindra Sengadhir, Uchiththilagam, UNarvudaiyor
Madhikkindra MaaNikkam, Maadhulam Podhu, Malarkkamalai
Thudhikkindra Minkodi, Menkadikkunguma Thoyamenna
Vidhikkindra Meni Abirami Endhan VizhiththuNaiyae.

Pirindhavar Ondru Sera

ThuNaiyum Thozhum Deivamum, Petrathaayum Surudhigalin
PaNaiyum, Kozhundhum Padhi KoNdaevaram Panimalarpoong
GaNaiyum, Karuppuchchilaiyum, Menpaasaangusamum, Kaiyil
ANaiyum Thiribura Sundhari Aavathu Arindhaname.

Kudumba Kavalaiyilirundhu Vidubada

Arindhen Evarum Ariya Maraiyai, ArindhukoNdhu
Serindhen Unadhu Thiruvadikae, Thiruve! Veruvi
Pirandhen NinAnbar PerumaiYeNNathagaruma Nenjal
Marithae Vizhum Naragukku Uravaya Manidharaiye.

Uyar Padhavigalai Adaiya

Manidharum Devarum Maaya Munivarum Vandhu Senni
Kunidharum Sevadi Komalamae! Kondraivaarsadaimel
Panidharum Thingalum, Paambum, Pageeradhiyum Padaiththa
Punidharum Neeyum Enpundhi Ennalum Porundhugave.

Video Link : <https://youtu.be/iVb8ulEiZMg>

7. Vishnu Sahasranamathil Aswini Sakthi Om..Om..Om..

Om Visvasmai Nama	- Vaiyagamae Potri
Om VishNavae Nama	- VishNuvae Potri
Om Vashatkaraya Nama	- Vasukkalae Potri
Om Poodhabavya Pavathprabavae Nama	- Mukkalam UNarndhavalae Potri
Om Poodhakrudhe Nama	- Aakkalum, Azhithalum Neeye Potri
Om Poodhaprudhe Nama	- Kaathalum, Paarthalum Neeye Potri
Om Bavaaya Nama	- Ulaga Naayagane Potri
Om Poodhathmane Nama	- Para Brammamae Potri
Om Poodhabaavanaaya Nama	- Karuvum, Karththavum Neeye Potri
Om Poodhathmane Nama	- Kalangamatravanae Potri
Om Paramathmane Nama	- Paramaathmaave Potri
Om Mukthaanaam Paramaagadhaye Nama	- Mukthi Naadhane Potri
Om Avyayaaya Nama	- Azhivilladhavane Potri
Om Purushaya Nama	- Purushothamane Potri
Om Sakshinae Nama	- Anaithukkum Saatchiye Potri
Om Shathrajaya Nama	- Udal Kalamae Potri

Om Aksharaaya Nama	- Kadainilai Illadhavanae Potri
Om Yogaya Nama	- Yogiye Potri
Om Yogavidham – Netrae Nama	- Yoga Dhadhave Potri
Om Pradhana – Purushswaraya Nama	- Jeevargalin Nayaganae Potri
Om Naaraasimhavapushe Nama	- Narasimmame Potri
Om Srimadhe Nama	- Srinivanae Potri
Om Kesavaaya Nama	- Kesavanae Potri
Om Puru Shaathamaya Nama	- Purushothamane Potri
Om Sarvasmai Nama	- Prabanjamae Potri
Om Sarvaaya Nama	- Nirmaalyamae Potri
Om Sivaaya Nama	- Sivaaya Potri
Om Sthaanavae Nama	- Lingothbavaaya Potri
Om Boodhathaye Nama	- Karuvin Moolame Potri
Om Nidhaye – Avyayaaya Nama	- Maatramilladha Maatrame Potri
Om Sambavaaya Nama	- Sambava Avadharamae Potri
Om Baavanaaya Nama	- Inba Sambavame Potri
Om Barthre Nama	- ThuNaikolae Potri
Om Prabavaaya Nama	- Prabaavamae Potri
Om Prabave Nama	- Prabuve Potri
Om Eeswaraya Nama	- Eeswaranae Potri

8. Lalitha Sahasranamathil Aswini Sakthi

Om Srimadha Srimaharajsri Srimathsimhasanechvaree

Sidhakni – KuNda – Samboodha Devakaarya Samuthyathaa

Uthyathbanu – Sahasraabaa Sadhurbaahoo - Samanvidhaa

Raagasvarooba – Baasatyaa krodhakaarungusojvalaa

Manoroobehoo – GodhaNdaa Panja – Thanmaathra - Saayahaa

NijaaruNa – Prabaapooraa – Majjath – PrashmaaNda - MaNdalaa

Sambagaasoga – Punnaaga – Sowgandhiga – Lasath - Kasaa

Guruvindhamani – Chrenee – Kanath – Kodeera - MaNdithaa

Astameechanthra – Vibraaja - Thalikaasthalasobitha

Mugachanthra – Kalangaaya – Mruganaabi Visheshagaa

Vadhanasmara – Maangalya – KruhadhoraNa - silligaa

Vakthra – Lashmee – Bareevaaha – Salan – Meenaba – Losanaa

Video Link : <https://youtu.be/DtSBLpQStT4>

9. Gandhaguru Kavasathil Aswini Sakthi

Skandhaa SaraNam Skandhaa SaraNam

SaravaNabava KuhaasaraNam SaraNam

KurukuhaakaraNam KurubaraasaraNam

SaraNa Madainthitten Skandhaa SaraNam

Thanaitthaanarindhu Naan Thanmayamaagidavae

Skandhagiri Gurunaadhaa Thandhiduveer Nganamumae

Dhandhagiri Kurugnaadha Vandhiduveer Vandhiduveer

Avathoodha Santkuruvaai AaNdavane Vandhiduveer

Anburuvaai Vandhennai AatkoNda Gurubaranae

Aram Porulinbam Veedume Thandharulvaai

Thandhiduvaai Varamdhanai Skandhagurunaadhaa

ShanmugaasaraNam SaraNam SaraNam Skandhaguro

Kaathiduvaai Kaathiduvaai Skandhagurunaadha

Potriduven Potriduven Buvanagurunaadha

Potri Potri Skandhaapotri

Potri Potri Murugapotri

Arumugaapotri Arutpadhampotri

Thagappan Saamiyen Ithayathul Thangiduvaai

Swami Malaithanil Sonnadhaich Solliduvaai

Video Link : <https://youtu.be/fO7MD2St1iU>

10. Kandhar Anuboodhi Aswini Sakthi

Aadum Pari, Vel, ANiseval Ena

Paadum PaNiye PaNiyaa Arulvaai

The dum Kayamaa Muganaich Cheruvil

Saadum Thani Yaanaich Chagotharane. (1)

Ullasa, Niraagula, Yoga Ithach

Challaaba, Vinodhanum Nee Alaiyo?

Yellam Ara, Ennai Ezhandha Nalam

Sollaai, Murugaa Suraboo Padhiyae. (2)

Video Link : <https://youtu.be/x9sjGNdLHkw>

11. Raahangalil Aswini Sakthi

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Ganagaangi	Rathnaangi	Rathnaangi	Gaanamoorthi

12. Moolamandhiram

Ngaanaanandhathamayam Thevam Nirmala Spadikaakrudham

Aadharam Sarva Vidhyaanaam Hayakreevar Ubaasmahae

13. Virutcha Sakthi Pera Nada Vendiya Maram

Paadham 1	Paadham 2	Paadham 3	Paadham 4
Etti	Erukku	Kadambu	Thema

14. Parigaaram

- Marundhugal Dhaanam Seiyyavum
- Sooriyan PinnaNiyil Eru Kudhiraigal Erukkumaaru Padam Vaangi Vaikkavum.
- Kuraindhabatcham 7 Nabargalukku Udhaviduga.
- Ungal Vazhibaatirku Yetrabadi Mandirangalai Paaraayanam Seiyyavum.

- Aalayam Sellum Neram Morning : 08.00 – 08.45 Manikku Sendru Vazhibadavum.
- 2x2 KaNNaadi Vaithu Ungal Mugaththai Paarthu Dhiyaanam Seiyavum. (Aadi Dhiyanam).
- Nakshathra Kovil **Arulmigu Piravi Marundheesvarar Kovil** Thiruthurai Poondi, Thiruvaarur.

Aathma Trust (Aathma Lingam)

Regd. No : 96/19

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